



Vitality

Exploring Lifelong Purpose for the Whole Human Being

At Generations, our wellness philosophy encourages residents and staff to participate in program development, adopt healthy lifestyle choices, and share their skills, knowledge, and passion with others in the community.

Enriching the Mind, Body, and Spirit

Here, Vitality means whole-person wellness, for our residents and team members. Through meaningful, personalized programs we work to enrich the mind, body, and spirit while celebrating life and having fun together.

At every Generations community, you'll find a wide variety of activities including education courses, book clubs, writing groups, daily fitness classes, musical entertainment, meditation and mindfulness opportunities, religious services, and outdoor pursuits.

In our Memory Care communities, we endeavor to provide a structured yet flexible day of programming that provides time for leisure, purposeful work, restorative rest, fresh air, and brain health activities. Our goal is to offer choices and preserve the independence and dignity of those living with dementia, in a caring, home-like environment.



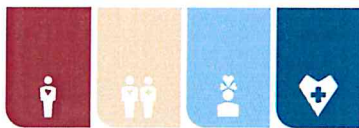
Our Vitality Mindset

Each month we explore a Culture Topic related to wellness and personal growth, with talking points, tips, and ideas for activities to explore during the month.

Through monthly Generations Vitality Team meetings and additional fitness training through the Stronger U Senior Fitness certification program, we take pride in offering continuing education and training opportunities for our Vitality leaders.

We believe that everyone has passion, purpose, growth, and joy within them, and our Vitality teams strive to help people find theirs.





I consider myself blessed. It is awe inspiring to see what began eight decades ago as a small family company with a legacy of excellence, grow into a collection of beautiful community campuses all made up of individuals I am proud to know and work alongside. The ability to enrich lives on such a scale – nothing could be more rewarding.

—Melody Gabriel, CEO

**Five generations have touched the foundation of the company.
Healthy families grow with each generation supported with love and compassion.**

At our core, we are a family caring for families.

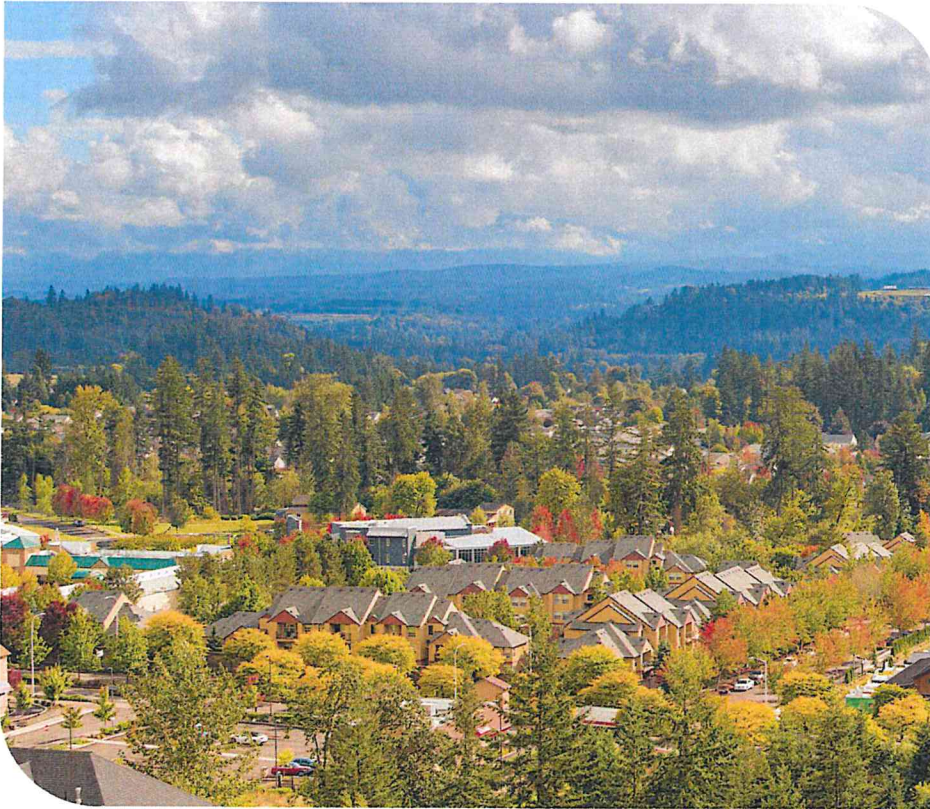
Manifesto

The healthiest and happiest communities know — people from all ages were meant to be together.

There is so much we can learn from each other, so much we can give to each other. Inside every grandmother is a youthful girl. Inside every young man is an old soul. When we come together as a community, we raise each other up, making the whole greater than the sum of its parts. We're here for just a blink of an eye. To not be together is missing out on what makes life rich. At Generations, we thrive on transcending age and focusing on what connects us—celebrating life and being there for each other.

Generations. We're meant to be together.





The Neighborhood

Celebrate the Excitement of Living

Somerset's Assisted Living is located on a lush campus overlooking the Clackamas River in Gladstone, Oregon, just minutes away from all that Portland has to offer. Housing options include studio and one-bedroom apartments. Somerset gives the highest standard of service in a resort-style, secure community. Residents enjoy everything from Somerset's three chef-prepared meals each day, arts classes, cultural activities, gardening and so much more.

This amazing campus is filled with dining, entertainment, spiritual, recreational, and social opportunities. Vitality is the cornerstone of everything we do because we believe it keeps us all happy, healthy, and fulfilled.





Assisted Living

Being able to depend upon someone is important for peace-of-mind. Somerset's Assisted Living has a stylish selection of residences with 24-hour caregiving assistance available. Relax, you're home.

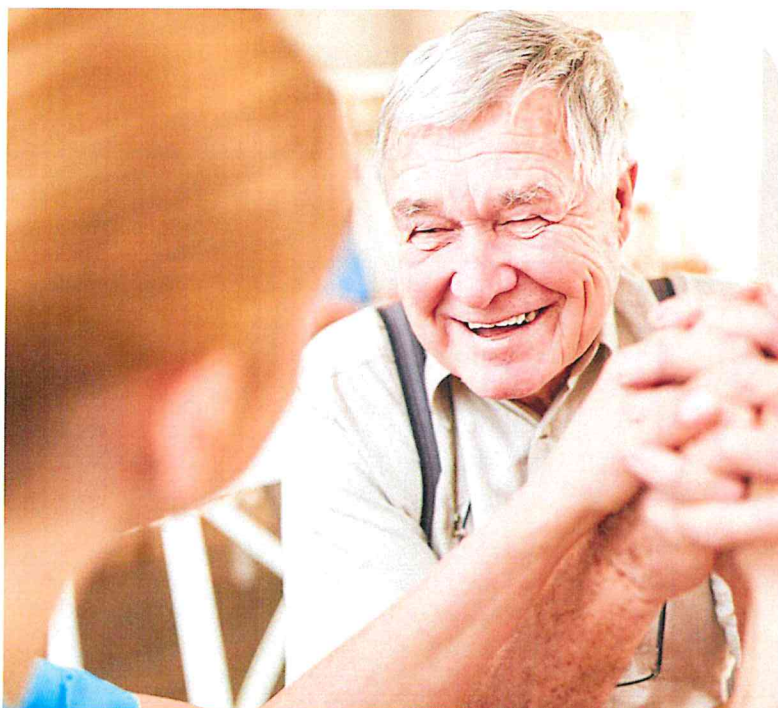
Daily Independence. Help When You Need It.

Put your daily living and healthcare concerns in the past with an apartment home at Somerset. Warm and inviting, our Assisted Living provides personal care services and programs designed to meet individual needs. Choose from studios or one-bedroom apartments. Affordable monthly rental rates provide an exceptional value.

Amenities & Services

Enjoy your independent lifestyle with personal care when you need it. We'll take care of the housekeeping, laundry, meals, maintenance, and so much more.

- Housekeeping
- Laundry Services
- Scheduled Transportation
- Vitality Programming
- 3 Nutritious meals served daily
- Emergency call system
- Walking paths & gardening beds
- Salon
- Library
- Worship and Bible Studies
- 24 hour care staff
- Pet Friendly
- Cable TV
- TV Room
- Activity and Craft Room
- Individually controlled heating and AC





Assisted Living

Assisted Living Apartments (per month)

Studios	STARTING AT \$5,900
One Bedrooms	STARTING AT \$6,500
Second Person Fee	\$900 per month

Assisted Living Care (per month)

Care rates are determined on a case by case basis through personalized assessment.

Level 1	\$710
Level 2	\$1,125
Level 3	\$1,550
Level 4	\$1,975
Level 5	\$2,500
Level 6	\$3,020



Other Fees

One-Time Service Fee	\$3,000
One-time Pet Fee	\$500
*Acceptance of pets is at the Executive Director's discretion. This is a one-time fee and is non-refundable. Pet must be current on all vaccinations.	
Yearly Pendent Fee (optional)	\$100



Assisted Living Floor Plans

Studio • Approx. 359-575 Sq. Ft.

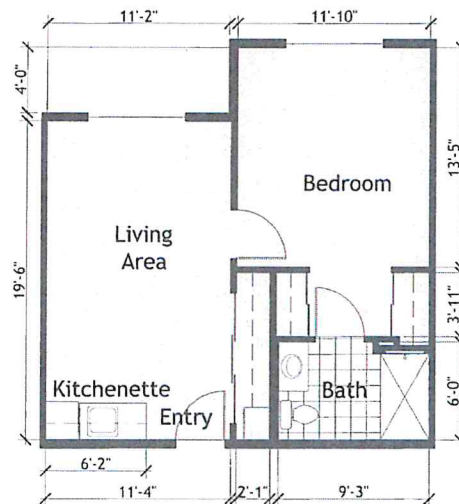


A-1
SCALE: 1/4" = 1'-0"

Somerset

Gladstone, Oregon

One Bedrooms • Approx. 532-665 Sq. Ft.



B-1
SCALE: 1/4" = 1'-0"

Somerset

Gladstone, Oregon