



From companionship to bathing assistance this is home care.

We all go through times in our lives when we could use a little help and your loved one deserves more than having someone who simply keeps them company. They deserve a caregiver who is passionate about helping them have their best day, every day.

Our professional caregivers provide safety, comfort and companionship for the elderly and any adult who needs support in the place they call home. But we do more than make a meal or help with mobility... we establish meaningful relationships built on trust and respect.

Specialized programs include:

- Dementia & Alzheimer's care
- Family respite care
- Care for adults with disabilities
- Support for busy families
- Hospice Care
- Recovery & rehabilitation care
- Travel companion services
- Veteran care services

At FirstLight, our mission is to provide compassionate home care so that the families we serve have peace of mind knowing their loved ones are receiving the support they need to enjoy the quality of life they deserve.

Schedule a complimentary consultation today.

425-286-0115

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Services Include

Companion Care

- Conversations & company
- Medication reminders
- Meal preparation
- Laundry & light housekeeping
- Shopping & errand services
- Transportation & activities
- Mail & paperwork organization

Personal Care

- Bathing assistance
- Transfer & posture care
- Continence & toileting care
- Eating assistance
- Personal hygiene

