

Personal Care and Support Services



The Comfort of Home.
A Name You Can Trust.



As the nation's first home care company, Interim HealthCare® has been a source of strength and support to seniors living at home since 1966. We know that everyone's needs are different. When the activities of daily living become a challenge, Interim offers a real solution. Whether it's due to the natural aging process, a decline in health, recovery from surgery, a chronic condition or memory loss, our compassionate caregivers will provide the daily support individuals need to make living at home a little bit easier.

Companionship

Providing and facilitating social interactions such as:

- Appointments
- Going for walks
- Writing/correspondence
- Reading
- Meal planning/preparation
- Sorting and/or reading mail
- Entertainment
- Answering the telephone
- Selecting clothes
- Caring for house plants
- Crafting
- Games/Cards
- Monitoring diet and eating habits
- Home deliveries
- Coordinating lawn care
- Newspapers, magazines and books
- Movies
- Visits, outings and trips
- Visiting with neighbors, friends and family
- Religious reading and discussion
- Birthday/anniversary reminders
- Maintaining calendar
- Travel planning

Personal Care

Assistance with daily living activities such as:

- Dressing
- Bathing
- Personal hygiene
- Incontinence care
- Feeding
- Healthy movements
- Restroom use
- Medication reminders
- Grooming
- Getting in and out of bed
- Getting in and out of wheelchair
- Evening tuck-in
- Morning wake-up



Call today for
our complimentary
in-home evaluation

Homemaking

Helping with light housekeeping and domestic activities such as:

- Coordinating snow removal
- Supervising home maintenance
- Pet care
- Monitoring food freshness and expirations
- Travel planning
- Overseeing home deliveries
- Cleaning closets and pantries
- Cleaning kitchen cupboards
- General shopping
- Preparing grocery list
- Grocery shopping
- Help organize on-line shopping
- Coordinating Zoom/FaceTime calls with family
- Clipping coupons
- Preparation of future meals
- Escorting to appointments
- Escorting to lunch/dinner
- Incidental transportation
- Attending lectures, plays and concerts
- Coordinating snow removal
- Supervising home maintenance
- Pet care
- Monitoring food freshness and expirations
- Travel planning
- Overseeing home deliveries

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