

A close-up, artistic photograph of a vinyl record. The record has a vibrant blue label with a stylized Christmas tree graphic. The tree is composed of white outlines and is positioned on the right side of the label. The record's grooves are visible, and the overall lighting is warm and focused on the label.

Greenwood

Ægis Living
Assisted Living | Memory Care

Our Team

Talk to our team and you'll hear an idea repeated throughout: "This is more than a job."

Life at Aegis is powered by dedicated people who provide thoughtful, personal care to every resident. Team members come here to have purpose in their work. The result is an extraordinary team of people from all different backgrounds who love with their whole hearts and are committed to making a difference for seniors.



We're Happy You're Here

At Aegis, you're home. Here the days are bright and full, with a range of engaging activities and social events to suit every personality. Everything is designed with residents in mind: personalized and expert care, inclusive gathering spaces, full-service amenities, live music, delicious meals, and meaningful touches in every room and hallway. We go the extra mile to know and treasure each of our residents and their story, imbuing a true sense of belonging. Settle into a community that creates new possibilities for every aspect of assisted living and memory care.



Designed With You in Mind

All For You



Comprehensive Care

For 25+ years, Aegis Living has set a new standard of excellence for senior care. Our compassionate team provides around-the-clock service tailored to each person's specific needs. Receive support from caregivers, nurses, and a full in-house staff.

Social Community

Create meaningful connections with neighbors and new friends. Socialize in classes, at the dining table, outside in the courtyard, and wherever the day takes you. Your pet is welcome, too!

Thoughtful Amenities

Our community is built to accommodate a diversity of interests just steps from your door. Watch a movie in the theater, get your hair done at the salon, play the piano, exercise in the fitness room, grab a drink at the pub, or host your family in the elegant private dining room.

Relaxed Living

With your cooking, transportation, housekeeping, and laundry taken care of, you can fully revel and relax. Our concierge is always on hand to assist however needed.



We believe in balance—in the healing elements of mental, physical, and emotional connection. We believe that presence is a practice, and that nature offers a powerful, restorative path to wellness.



The Living Room, one of many lovely spaces for entertaining family or enjoying the company of friends, has a beautiful stone fireplace and many comfortable areas to relax.



Each element of Aegis Living Greenwood has been carefully curated to help you live your best. We've spent time perfecting every detail to create a gracious, inviting community where you will feel right at home, whether enjoying the community's many amenities or your own spacious, well-appointed private studio or one-bedroom apartment.



Your four-legged family member is welcome to join you in your new home. Pets make the world a better place.

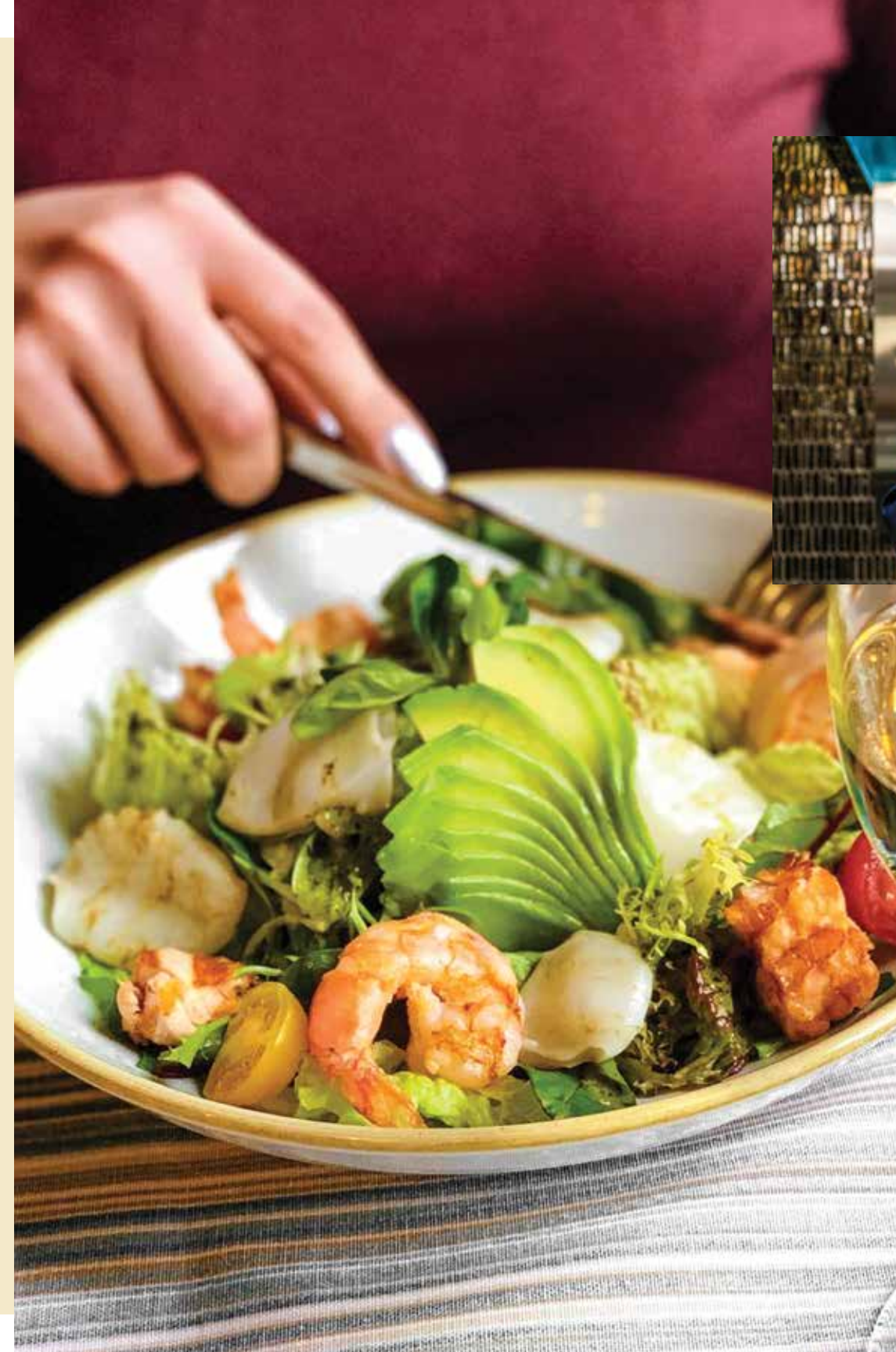
Home Sweet Home

Our community boasts stunning outdoor spaces, including our Greenview Terrace and this enormous Life's Neighborhood courtyard for our memory care residents. You will feel as though you've stepped out of the city and into your neighborhood garden!





Beyond Expectations



Eat Well

Enjoy a dining experience reminiscent of your favorite restaurant—every day, at every meal. Our talented chefs cater to your needs, offering flexibility in when and where you dine, as well as plenty of menu options to suit every palate and craving. Whether you opt for a seasonal favorite or comfort food made from scratch, our menus are developed by registered dietitians and are as nutritious as they are delectable. All are served by loving team members who know your name and how you prefer extra whipped cream on your apple pie.

Stimulate your mind. Engage with others. Live purposefully and mindfully.



Staying Connected

Family & Friends

We're committed to keeping you connected to those you love, both in person and through technology. Invite your grandchildren for a movie night, have a friend over for tea, and host the extended family for a birthday luncheon.

Online

Stay connected with one-click access to Zoom, FaceTime, and Skype in our dedicated chat suites. Enjoy plush furnishings for long chats, state-of-the-art speakers for better sound quality, and large screens so you can see your loved ones' smiling faces.

Our App

Our proprietary Family Link mobile app gives your family a window into daily activities, complete with photos and messages.

Telehealth

We make video calls with your doctors and healthcare teams easier than ever. Connect with timely visits. We're here to help.

Something for Everyone

The daily experience here is set apart by our creative Life Enrichment team. We customize our programs to fit the interests, values, and life stories that make up our community. Wide-ranging activities (over 200 every month!) benefit physical fitness, social fulfillment, and cognitive health. What will it be today? Join us for everything that strikes your fancy—from classic favorites to innovative offerings, like tai chi, music therapy, flower arranging, TED talks, neighborhood outings, and yoga.



Sample Schedules

TUESDAY

9:00 News and Views
10:00 Balance Fit
10:50 Wellness Facts & Smoothies
11:00 Choir Rehearsal
1:00 Neighborhood Stroll
2:00 Creative Journaling
2:00 TED Talks & Discussion
2:30 Hydration Station
3:00 Ping Pong
4:00 Bingo
6:30 Evening Movie
7:00 Sleep Fit

WEDNESDAY

9:00 News and Views
10:00 Core & Coordination
10:50 Wellness Facts & Smoothies
11:00 Art History
1:00 Greenview Terrace Jenga Game
2:00 Guided Meditation
2:30 It's Instrumental
3:00 Community Service Club
4:00 Wine & Watercolors
6:30 Poker Night
6:30 Evening Movie
7:00 Sleep Fit





Support Every Step of the Way

LOW CARE SERVICES

Light Assisted

Assistance to maintain independence as long as possible without compromising safety.

Assisted Living

Personal care and healthcare services designed to assist with normal daily activities.

Transitional Care

Progressive assistance for those with early-to-mild memory loss.

Memory Care

Specially trained staff to handle the unique care needs of those with memory loss.

End of Life Care

Compassionate care with dignity to improve quality of life and bring comfort during final stages.

HIGH CARE SERVICES

The Cost of Care

Apartment Rental. Your monthly rent covers the cost of your private apartment plus services such as housekeeping, meals, transportation, and utilities.

Care Services. Your customized care plan determines the level of care needed to ensure your full comfort and safety.

Community Fee. Your community fee contributes to maintaining our beautiful community for your enjoyment, as well as to preparing for your arrival.

For Those Seeking Memory Care

Known for our expertise in memory care, we offer a spectrum of options for seniors diagnosed with Alzheimer’s and other dementias. For those with mild to moderate memory loss, we offer transitional assisted living. For those with more advanced memory loss, we have a dedicated memory care section of our community, called Life’s Neighborhood. Our around-the-clock, compassionate team provides personalized care to meet our residents wherever they are, and our rich programming includes recreational and social activities to keep residents active, engaged, and making new friends.

Social Focus

Life’s Neighborhood’s intimate setting brings our residents together and makes them feel at home. Our talented Life Enrichment team provides a variety of daily activities to encourage participation and build friendships throughout the community.

Mind & Body

Our residents participate in music therapy with certified therapists and engage in an innovative daily gratitude program. Rooted in science-based cognitive therapies, our vibrant schedule nurtures the mind, body, and emotional well-being of our residents.

Designed with Intention

Our Life’s Neighborhood is designed specifically for the unique needs of residents with memory loss, creating opportunities to engage residents, evoke fond memories, and inspire new experiences.

Family Support

Over the decades, Aegis Living has not only cared for our memory care residents but also supported and educated thousands of families through the journey. We are here for you.



Visit us for a tour today.



- 1 Golden Gardens
- 2 Swansons Nursery
- 3 QFC
- 4 Dick's Drive-In
- 5 Sandel Playground
- 6 AMC Oaktree Theater
- 7 Coyle's Bakeshop
- 8 Seattle Public Library
- 9 Woodland Park Zoo

The neighborhood offers the best of the Pacific Northwest with an afternoon at nearby Carkeek Park, a visit to Swansons, a stroll around Green Lake, or a latte at a local café.

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GREENWOOD

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