



## Hospice Care

Our highly skilled care team serves each patient and their family holistically, supporting their physical, spiritual, and emotional needs following a physician-driven plan of care.

Aleca Hospice allows you or your loved one to have more control over the way their final months of life are spent.

### HOSPICE CARE TEAM

- Physician/Nurse Practitioner
- Nurse
- Nurses Aide
- Bereavement Counselor
- Chaplain
- Social Worker
- Volunteer



## Senior Living Therapy

The benefits of senior care community therapy are as varied as are its patients; however, one thing for sure is Aleca senior care community therapy plans will help residents overcome functional, physical, and communicative challenges.

### THERAPY SERVICES

- Physical Therapy
- Occupational Therapy
- Speech Language Therapy
- Respiratory Therapy

## Contact Us

### Home Health

AZ 480.264.4568

OR 503.954.2197

WA 360.360.2050

### Hospice

AZ 480.748.4300

For More Information Visit

**AlecaHealth.com**

Arizona | Oregon | Washington



## Our Services





## Home Health

Our home health services provide highly skilled nursing and clinical rehabilitation care in the comfort of your home.

Aleca™ Home Health promotes rehabilitation, healing, & wellness with focused therapy crucial for improved health, strength, and wellness.

### SERVICES

- Skilled Nursing
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Registered Dietician
- Home Health Aide
- Medical Social Workers
- Specialized Treatments



## Outpatient Therapy

Aleca offers physical and occupational therapies delivered to you in state-of-the-art rehabilitation gyms, in the convenience of your home, or at any of our Community-Based partners.

All services are provided with an individualized therapy plan of care for Physical, Occupational, and Speech Therapies.

### BENEFITS

- Improve Endurance
- Improve Flexibility & Balance
- Enhance Gait
- Increase Mobility & Strength
- Fall Prevention
- In-Home Exercise Programs
- Improve Daily Living Skills
- Improve Language Expression & Communication
- Improve Swallowing Difficulty



## Work Injury Treatment

We provide cost-effective, coordinated care and rehabilitation to help our patients achieve the best outcomes possible, both inpatient & outpatient.

Our team works with payers, claims adjusters, and nurse case managers with a collaborative approach to patient care and rehabilitation.

### SERVICES

- Outpatient Therapy
- Inpatient Skilled-Nursing & Rehabilitation
- Skilled Home Health Services
- Pain Management
- Palliative Care
- Therapy 7 days/week
- Independent Living
- Assisted Living