

Social Events

Providing for our resident's social and emotional needs is as important to us as looking after their physical well-being.

Gold Canyon interviews each resident to determine their favorite activities and interests.

Based on these pursuits, activities and events are developed which they will find most rewarding.

A wide variety of puzzles, games, arts, crafts, exercises, lectures, and even excursions make-up our activity program.

Annual Events

Summer B. B. Q. s

--- Outdoor celebrations on the deck

Mother/Father's Day celebration

--- A tribute to Parenthood

Veteran's Day Tribute

--- A grateful recognition of our nation's most generous patriots.

Thanksgiving Harvest Feast

--- Families especially welcome

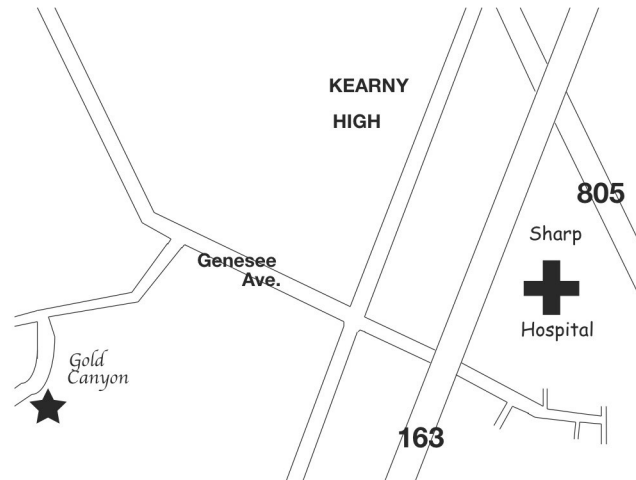
Mid-Winter festivals

--- A Christmas and New Year's holiday feast with a gift exchange for residents, families, staff, nurses, therapists, physicians, and invited guests.

Gold Canyon

Care Home

Dedicated to serving the physical, emotional, and the unique social needs of each resident



Including both ambulatory and non-ambulatory residents

Serving residents with dementia

We would be happy to give you a grand tour of *Gold Canyon*

Please call for an appointment

(858) 750 - 0554

Ask for Armin

License number 374603212

Gold Canyon

Care Home

Situated nearby to San Diego's best hospitals and medical clinics

Assisted Living at it's Finest



6461 Quillan Street
San Diego, CA 92111

www.goldcanyoncare.com

Please call Armin for an appointment

(858) 750 - 0554

At *Gold Canyon Care Home* ...

We provide our residents:

- Three daily, carefully planned, nutritious meals with numerous snacks and beverages in-between.
- Assistance with, bathing, dressing, toileting, and all other personal grooming and hygiene needs.
- Planning and arranging of transportation to medical and dental appointments and other scheduled outside activities.
- Monitoring, storing, and dispensing of medications.
- Numerous engaging activities and social events.
- Housekeeping services for each resident's bedroom.
- Personal laundry and linen service.
- 24-hour care and supervision.

At *Gold Canyon* we offer many extras that make our residents feel at home, with special services and accommodations for all their unique and personal needs.

Accommodations and Amenities

Gold Canyon has a warm and friendly atmosphere where residents enjoy a higher quality of life. Below is a sample of just a few of the features and services available:



- Lodging in either private or semi-private rooms.
- Furnishings are provided and residents are free to bring favorite furnishings and belongings from home.
- Cable television and “wi-fi” is available in each room.
- Apple Macintosh workstation available for common use including printing, faxing, and copying services.
- Upright piano provided for use by residents, guests, staff, or others.
- High definition Home Theatre surround sound system with a 600-volume movie library for use in our activities program.

Dining

At *Gold Canyon* we take pride in our culinary arts. Our experienced cooks prepare three fresh and nutritious meals every day featuring the finest entrees, fresh fruits, crisp vegetables, and homemade breads and desserts.



- Snacks of all types, fresh fruit, juices, sodas, coffee, tea, milk, and other beverages are available anytime to our residents.
- Individual menus are cheerfully created to meet the needs and desires of residents with special dietary requirements.
- In the event of illness or condition, residents may be served meals in their bedrooms.