



CRISTWOOD

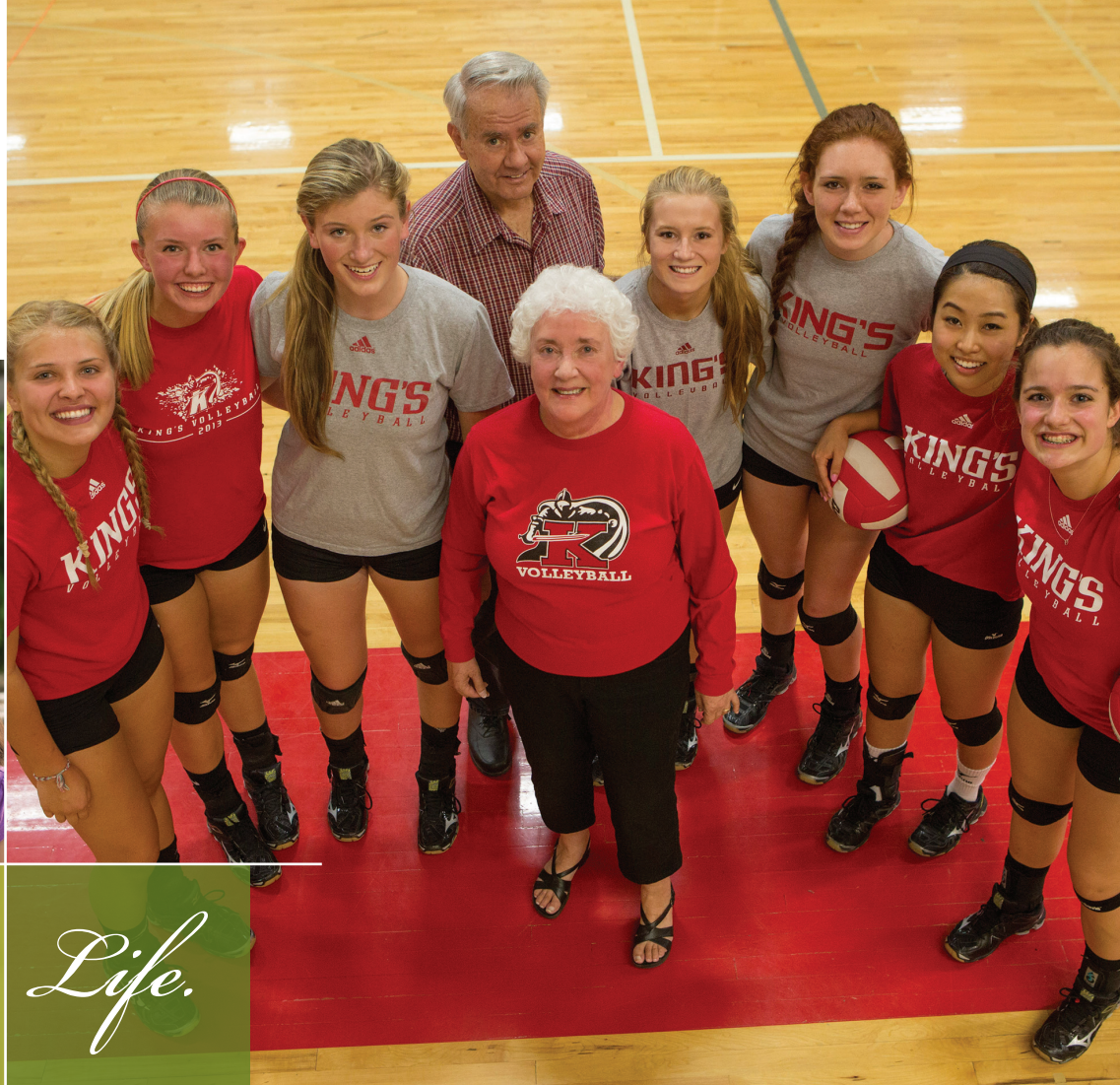
A CRISTA SENIOR LIVING COMMUNITY



Community for a
life *connected.*



A rich,
meaningful,
connected



Life.

It continues at Cristwood.

Picture yourself helping out with a play at the on-campus elementary school. Or meeting with friends to discuss ideas for a non-profit. Or just relaxing in your beautiful apartment, where you know that everything is taken care of. This is the lifestyle at Cristwood. It's a community where you'll be connected, not only to other seniors, but to people of all ages. It's a place where you'll have opportunities to contribute your time and your knowledge. It's a place where you can continue to live a life of meaning, sharing your sense of spirituality with those around you and being a part of each other's lives.

Set on a beautiful 55-acre campus just north of Seattle in Shoreline, the Cristwood continuing care retirement community brings seniors independent living, assisted living, and memory care. Since Cristwood shares a campus with schools and other CRISTA Ministries organizations, each day is filled with opportunities for you to grow, mentor others, exchange thoughts and enjoy new experiences.





Of course, there is plenty to do within the Cristwood community, as well. The activity center is always bustling. The auditorium hosts wonderful performances. An exercise pool and fitness center, spacious lounges, a library, woodworking shop, art studio and more are all right within Cristwood. And groups regularly meet for educational series, Bible study, book clubs, parties, or just a casual conversation.

The Cristwood

Campus.



Where life is part of a greater whole.

Welcome to our community. Cristwood, a CRISTA Senior Living community, shares its campus with King's Schools, a private Christian school for students from kindergarten through grade 12. And we are very close-knit neighbors. Residents here serve as guest speakers in the school. They volunteer to tutor children, to help out with activities, and they can even sit in on classes. Seniors in high school join residents for the Senior Walk, a prayer walk around campus. Football games, plays and other special events are all yours to share with the families and students of King's Schools.





A place to
connect with
your own

Spirituality.

Cristwood is part of CRISTA, a family of five ministries that serve people all over the world. In fact, CRISTA Ministries is actually headquartered right on the same campus as Cristwood. So, if you choose, you can get involved with projects and efforts that touch lives across the world.

With CRISTA as its foundation, the community has an atmosphere of spirituality. Here, people of all denominations live together in a place of caring and compassion, helping one another and working toward a better world. Those who work here will show you a level of service and respect that comes from the heart. And the opportunities you'll be given will help you continue to lead a life of meaning.





Live a life
inspired by *Nature.*

When CRISTA founder Mike Martin first walked onto these 55 acres in 1948, he realized that this land was a precious gift. Over 70 years later, the landscape at Cristwood is still spectacular. Within this woodsy Pacific Northwest setting, every stroll becomes a nature walk. Explore the grounds and walking trails, take in the fresh air, and you'll find it hard to believe that you're right in the greater Seattle area.

Your home at Cristwood.

Just imagine it – no home maintenance work. No worrying about yardwork, making home repairs, or even cooking a meal. At Cristwood, it's all taken care of for you. And as your needs change, you're assured that you'll have what you need, so you'll have the time and resources to live a full and connected life.



Independent living: Available in a variety of floor plans and price ranges that include spacious living rooms and full-size kitchens, with everything from 300 square foot studios to 1,286-foot two-bedroom apartments. You'll also have options for meal plans in the elegant dining rooms, and more casual dining venues as well as full access to all of Cristwood's activities and amenities.

Assisted living: A comfortable studio apartment, with weekly housekeeping, three meals a day, and whatever services are needed through caregivers available around-the-clock.

Memory care: Poplar Place is designed for those living with dementia, Alzheimer's, or memory loss



Live a life with

Purpose,

*in a place where
amenities abound.*



*At Cristwood, we are driven to honor
seniors with the quality of life they deserve.*



Connecting you to the help you want:

- Housekeeping and maintenance services
- Scheduled transportation within a limited radius
- Resident Emergency Pendant call system
- Registered nurses and licensed caregivers around-the-clock

Connecting you to comforts:

- A talented culinary team providing delicious meals
- A family room and library with fireplace for reading and socializing
- On-campus salons (additional fees apply)
- A fitness room and pool

Connecting you to an engaged and active life:

- Exercise and fitness classes including health seminars
- A spiritual enrichment program offering Bible studies, Sunday and holiday services and a full time on-site chaplain for personal encouragement and counseling
- A robust activity program including trips, music therapy, art classes and planned social events
- Access to a woodworking shop, art studio, activity center and outdoor gardening





Shoreline.



Connected to one of the most beautiful regions in the world.

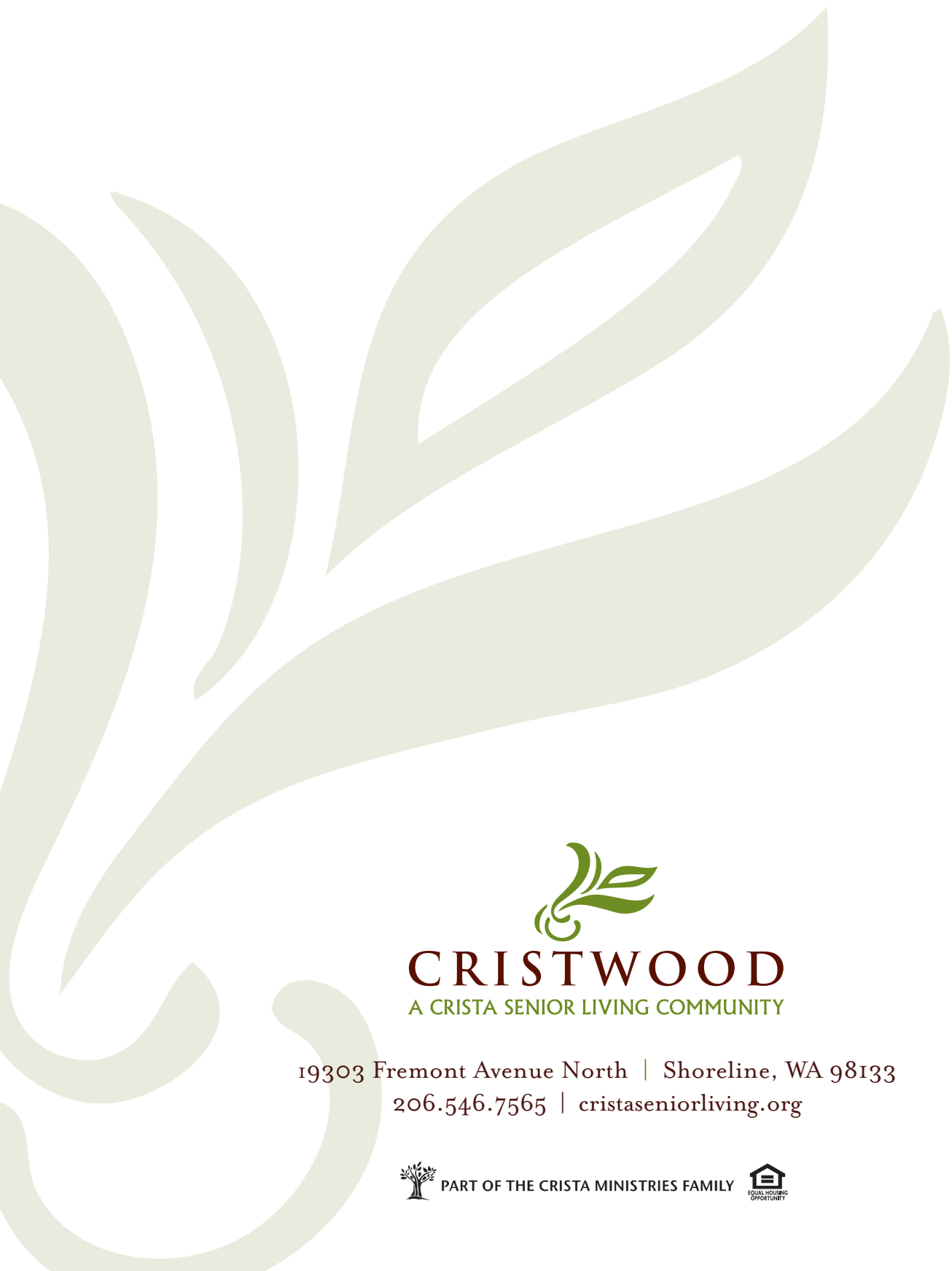


Cristwood is located in Shoreline, Washington, in the northern part of the greater Seattle area. This small city is rich in beauty, with more than 400 acres of parkland. Cristwood residents and their families love the fact that downtown Seattle is just 12 miles away. Puget Sound attractions like downtown Edmonds and area parks are minutes from your front door at Cristwood. And since Cristwood is near the major metropolitan city of Seattle, flights, trains and bus service is available to virtually anywhere in the world.

Learn more about Cristwood today. Call 206.546.7565 to arrange for a tour. And start experiencing

a life connected.





CRISTWOOD
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PART OF THE CRISTA MINISTRIES FAMILY

