Thank you for your inquiry, below is a sort of "tour" through email.  If you have any questions, please feel free to call the community at 503-234-8585 and we will be more than happy to answer them.

Emerson House is a locally owned and operated memory care community; we opened our doors in 2000 and the building itself was constructed solely with memory care in mind.  There are 3-floors at Emerson House, the upper two floors can house 24 residents each and our 1st floor can house 7 residents (it’s more like an adult care home on 1st floor, the folks living on that floor typically do better in lower stimulation environments).  The floorplan is circular, allowing residents to wander to their hearts content without ever hitting any dead ends.  The resident apartments are on the outside wall with the activity space/living room, med/chart room and dining room are in the center of the community.

Higher functioning floor:

The resident population on the higher functioning floor are still at a point where they can still do a lot for themselves but need med management, some queuing, and reminders throughout the day.  We work hard to fill the days of those living on this floor with meaningful activities that will help keep them where they are at for as long as possible.  It is uncertain how the world will look “post-COVID-19”, but our pre COVID-19 life enrichment calendar was full of wonderful therapies led by an amazing array of outside providers who each brought something unique to the table for our resident population.  We had horticultural therapy, music therapy (truly, the most fun!), two different types of art therapy (local art group Geezer Gallery and Memories in the Making through the Alzheimer’s Association), we even had a creative writing group who came up with witty stories with loads of twists and turns. Our programming now still fills the day and we are adapting to use some video messaging applications to "invite" some of those providers (like music therapy) back into the community where they make such a great impact on the lives of the residents in our care.

Higher needs floor:

The resident population on the higher needs floor simply require more hands-on assistance with activities of daily living (toileting, grooming, dressing, eating).  The residents are more prone to wandering throughout the community and entering others rooms “shopping”.  We have a rich life enrichment schedule on 2nd floor as well but have augmented the activities to ensure residents can feel successful in completing them when they choose to participate.

1st floor:

1st floor is small, it has 7 total beds and feels more like and adult care home than a memory care community.  The residents on 1st floor do better in smaller settings, they thrive in a quieter environment with less stimuli.

The upper two floors consist of all semi-private/shared apartments, there are 2 different size rooms one is a larger companion suite and the other a smaller companion.   Most folks actually do better in a shared setting as it allows for contact with peers who may help calm someone should they wake in the night and not know where they are…if the other person in the room is sleeping and they are ok then the rational that I might be ok too isn't too farfetched…We also encourage residents to spend as much time out of their room as possible, we want folks to engage in activities and spend time with peers in the common spaces.  Isolating leads to loneliness and loneliness can lead to depression which is just no good for anyone.

I recommend reading up on all the communities you and your support system are considering; a community might look gorgeous in outward appearances but be crummy when it comes to care or programming, and at the end of the day, quality care is what matters most.  My community has been around for 20 years, it is…well loved…the residents have a good time doing fun things throughout the day in our community, and it shows but we would rather have a resident enjoy themselves in a cooking class and spill some batter on the carpet than sit idly in front of a television for hours on end.

This is the site for the licensing body for all long-term care communities in the state of Oregon; just search for whatever the community name is and check the residential care facilities box.  iAgeing in place is something we want for all folks living in our community, the less moves someone makes at this later stage in life with a memory impairment, the better.   Adult care homes are lovely and give good care but occasionally face challenges where a community wouldn't, they might struggle with behavior management, or the normal wandering behavior one might encounter in a memory care setting.

[https://ltclicensing.oregon.gov/Facilities](https://us-east-2.protection.sophos.com/?d=oregon.gov&u=aHR0cHM6Ly9sdGNsaWNlbnNpbmcub3JlZ29uLmdvdi9GYWNpbGl0aWVz&i=NWZlMjMxZjU4YTdiMzMwZTEwMjYwYThi&t=bTRNaitLS2xJRkpCS3N6UE9ZWVMyRW9iYkJYc2YvQzV6WmRqbnFzbkt1ST0=&h=34d92b11cdfe4be38df948e0ab256d55)

|  |
| --- |
| [Search - Licensed Long-term Care Settings Search](https://us-east-2.protection.sophos.com/?d=oregon.gov&u=aHR0cHM6Ly9sdGNsaWNlbnNpbmcub3JlZ29uLmdvdi9GYWNpbGl0aWVz&i=NWZlMjMxZjU4YTdiMzMwZTEwMjYwYThi&t=bTRNaitLS2xJRkpCS3N6UE9ZWVMyRW9iYkJYc2YvQzV6WmRqbnFzbkt1ST0=&h=34d92b11cdfe4be38df948e0ab256d55)Licensed Long-term Care Settings Search. Facility Name City Type Total Licensed Beds Funding Source(s) Status; A C Waddell[ltclicensing.oregon.gov](https://us-east-2.protection.sophos.com/?d=oregon.gov&u=aHR0cDovL2x0Y2xpY2Vuc2luZy5vcmVnb24uZ292&i=NWZlMjMxZjU4YTdiMzMwZTEwMjYwYThi&t=Y1ZzZkpMaUNwNjcwaVpZeGhIOXB5ajh2cFhtTWpSS0Uxb3BXUk1FYzFoaz0=&h=34d92b11cdfe4be38df948e0ab256d55) |

Rates:

We have 4-levels of care and the rates are all inclusive of care at each level (med management, caregiving assistance, laundry, life enrichment…etc.…) I will first list the rates for the Economy Companion Suite (smallest space), then the Companion (a little more room) and finally the Private suites (there are only 3 in the building and all are located on the 1st floor).  The way I think of care levels is in terms of caregiver hours per individual, someone who is a level 1 needs minimal assistance, they take few meds during the day, they don’t need assistance eating, etc.…whereas someone at a level 4 needs the most help, they might be bed bound and a 2-person assist, they might need assistance being fed and have a complex med regiment, etc...

Economy Companion:

L1-$6237

L2-$6479

L3-$7106

L4-$7441

Companion:

L1-$6803

L2-$7282

L3-$7766

L4-$8239

Private:

L1-$7095

L2-$7546

L3-$8019

L4-$8503

If you have any questions, please don’t hesitate to reach out.  What you are doing is hard, I would be glad to be of whatever assistance I can.

Sincerely,

Ashlee Delair

Business Office Manager

ashleed@emersonhousemc.com

503.234.8585

Emerson House of Portland

3577 SE Division St

Portland OR, 97202