



WELCOME HOME

# Sunrise of Redmond

THE VERY BEST IN CARE  
CENTERED ON YOU

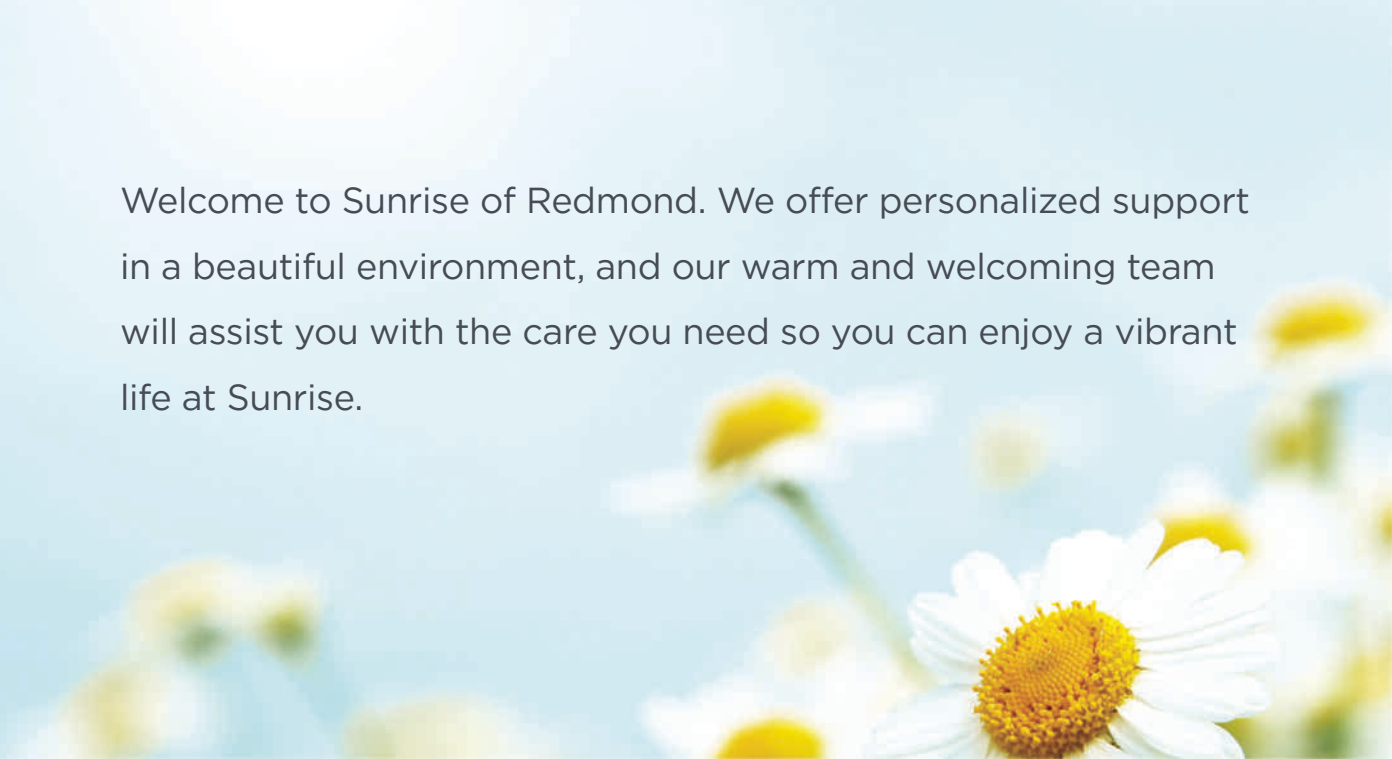
[SunriseRedmond.com](http://SunriseRedmond.com)



**SUNRISE**  
SENIOR LIVING

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REDMOND



Welcome to Sunrise of Redmond. We offer personalized support in a beautiful environment, and our warm and welcoming team will assist you with the care you need so you can enjoy a vibrant life at Sunrise.

## More about Sunrise of Redmond:

Assisted Living, Memory Care

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Trained staff available 24 hours a day

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Monthly wellness visits by a licensed nurse

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Quarterly medication reviews with a pharmacist

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All meals prepared by our in-house culinary team using fresh, seasonal ingredients

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Vibrant daily activities through our Sunrise Live With Purpose™ program

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Weekly housekeeping, daily trash removal, laundry assistance, and scheduled transportation

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# Live Your Best Life, We'll Do the Rest

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## Let's Make a Plan

Before you move in, one of our nurses will meet with you to conduct a comprehensive assessment of your health needs, your likes and dislikes, and your hobbies and achievements. Based on this meeting, we will create an Individualized Service Plan (ISP) that is unique to your care needs. Your ISP will be updated according to regularly scheduled assessments—and more often should your requirements change.

## Meet the Team

At Sunrise of Redmond, Designated Care Managers, along with a trustworthy care team, will be on hand to learn, understand, and meet your personal needs and preferences. Designated Care Managers work with the same residents consistently in order to build strong bonds and deliver the care outlined in your Individualized Service Plan.

**24-hour**  
CARE TEAM ON SITE









# Sunrise Care & Services

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## Assisted Living

For older adults who value their independence, but need some support with daily activities, assisted living at Sunrise of Redmond is the perfect option. We'll take care of the everyday chores and wellness reminders so you can focus on enjoying daily life. We are always here with a helping hand should you need us. We offer:

- Assistance with bathing, dressing, medication, and other wellness and personal care needs
- On-site nurses and care coordination with your family and healthcare providers
- In-suite emergency response system

## Memory Care

Within our secure Reminiscence® Neighborhood, we use a personalized approach to provide care for residents living with Alzheimer's and other forms of memory loss in a safe, familiar, and stimulating environment.

As an Authorized Validation® Organization, we use active listening, matching emotion, and other empathy-based communication techniques to preserve the dignity of our residents.

- Assistance with bathing, dressing, medication, and other wellness and personal care needs
- On-site nurses and care coordination with your family and healthcare providers

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For more information about our resident-centered approach to care and how we can meet your needs, please visit [SunriseSeniorLiving.com/Care](https://SunriseSeniorLiving.com/Care).

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# Life at Sunrise

Relax in your private suite, arrange your day the way you want, and eat the things you love—at Sunrise of Redmond it's all about flexibility so you can make every day the best it can be.

## STYLE YOUR HOME

Brighten your suite by adding familiar touches. Decorate with your own furniture, family photos, unique memorabilia, artwork, and anything else that makes you happy and comfortable. Or go bold and create a completely brand new look for your home.



## OUR COMMUNITY TABLE

Our professional chef prepares three meals each day based on your personal tastes and nutritional needs. Whether you prefer your old favorites or are eager to try new foods, the culinary team creates exciting menus that include seasonal offerings, regional dishes, and traditional classics. Sit with your friends in the dining room or enjoy meals from the comfort of your own suite—it's always your choice. At Sunrise of Redmond, residents enjoy our chef's take on Our Community Table.





## SUNRISE LIVE WITH PURPOSE™

Sunrise Live With Purpose™ programming plays a crucial role in the vitality of our communities. The activity schedule is designed to support your physical, mental, and spiritual wellness through eight focus areas: exercise, excursions, art, music, education, intergenerational mentoring, community service, and spirituality. Engage in an old hobby, try something new with friends and neighbors, or introduce a personal favorite into our community—the choice is yours. At Sunrise of Redmond, residents' favorites include Live With Artistry and [customize].



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For more details about our community, including floor plans, photo galleries, dining menus, and activities calendars, visit [SunriseRedmond.com](https://SunriseRedmond.com).

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## We Love Pets

Not only does every Sunrise community have a resident cat or dog, you're welcome to bring your pet, too.





## Sunrise Senior Living®

Sunrise was founded in 1981, and since then has remained true to our mission: to champion quality of life for all seniors. Grounded in the belief that every resident's needs are unique, this mission is the responsibility of every team member to uphold, and is what makes Sunrise the leader in providing personalized senior care.

15241 Ne 20th St, Bellevue, WA 98007

425-401-0300

**SunriseRedmond.com**



**REDMOND**



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