



# "I SHOULD HAVE MOVED HERE SOONER."

We hear it all too frequently... "If only I had known. I wouldn't have waited so long."

As you move into a new chapter of your life, we invite you to explore new opportunities to focus on what's important to you. Escape daily chores – at least the ones you never want to do again. Join a book club, volunteer your time and talents, socialize and make new friends. Relax, or live boldly; it's your call. Whatever you decide, you'll find compassionate people who understand and are here to assist you as your needs change.

When you choose The Springs Living, with concierge services, personal fitness plans, chef-inspired meals in multiple dining venues, convenient transportation, friendly housekeeping, and a wealth of social activities, you'll soon understand how we are changing the way people think about and experience living.

### THE ART OF DELICIOUS®

Whether at a community happy hour or an intimate dinner with family, you can taste, see and feel our passion for food. We call it The Art of Delicious. We care about every detail – from the ambiance of the room and table setting, to our chef's selections of fresh, seasonal ingredients.

We've built relationships with local farmers, fisheries and artisans so we have first pick of the highest quality ingredients. Seasonally inspired, made-to-order dishes are available across a variety of cuisines including traditional American, comfort foods, vegetarian selections, heart-healthy variations and traditional favorites from around the globe.

With extensive dining hours and multiple venues, you have the freedom to satisfy your tastes and your schedule. Dine indoors or out and choose times that work for you. With our flexible dining you may choose your dining experience from day to day. You can even opt for room-service, takeout meals, or full-service private parties with your family and friends. The Art of Delicious is not just what we do, it's who we are.

### AMENITIES FOR YOUR BODY, MIND AND SOUL

We build communities where you can pursue your interests and hobbies; even learn something new. Start an art class, or share your love of gardening. Join a book club, or participate in chapel services. We play bridge, cribbage, billiards, piano and more. We're always looking to connect, grow and learn.

Our life enrichment programs are built to address all dimensions of your total body wellness – physical, social, spiritual and intellectual. Resident-led groups also flourish as people find their social networks. Relax in the comfort of friends with similar interests, or break-out and try something entirely new. Without the burden of daily chores, you may find that your biggest dilemma is deciding what you'd like to enjoy today.

The Springs Living communities are hand-crafted for the locations they serve, so each one may look or feel just a little different, but the warmth and friendliness of the staff is constant. Be sure to ask for the list of features at the community you are visiting. You may be surprised to find a variety of amenities including salon and day spa or swimming pool and movie theater, along with concierge services such as transportation and party-planning.









### LIVING SOLUTIONS, SMOOTH TRANSITIONS

The Springs Living designs thoughtful campuses with living solutions and services that transition with you.

#### Independent Living

Choose a home with beautiful views, private decks and plenty of room for your favorite furnishings, artwork and entertaining friends and family. Leave the maintenance, utilities, and cleaning to our professional staff. With your active lifestyle in mind, independent living homes offer community activities and gathering spots for you to enjoy without ever leaving the building.

#### Assisted Living

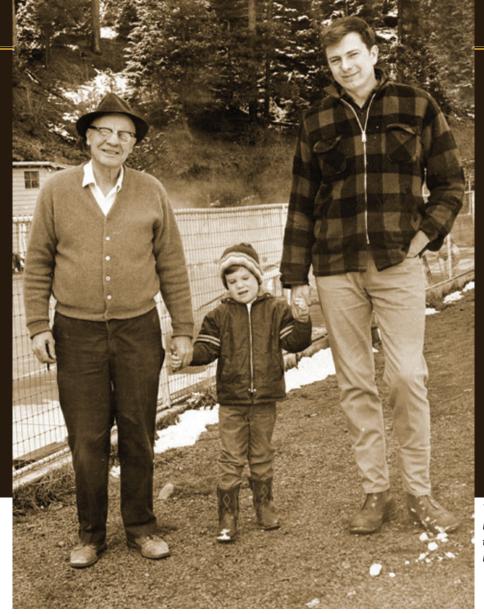
If you need extra help, we are here for you. Our approach to assisted living is based on a philosophy which recognizes the dignity and uniqueness of each person. Assisted living begins with personalizing your level of care to enhance independence. Together we develop a customized service plan based on your social preferences and wellness requirements.

Whether you need help with personal care such as dressing, bathing and mobility, or medical assistance like managing medication and chronic conditions, our compassionate team is your resource.

#### Footsteps® Memory Care

If your loved one's path takes the unexpected course requiring support for Alzheimer's disease or other types of dementia, Footsteps Memory Care is here to support you. Completely re-imagined for residents with memory challenges, The Springs Living has created a soothing environment through the thoughtful use of lighting, aromas, architectural elements, and functional areas. We've designed scenes that are reminiscent of familiar settings such as a kitchen, work-bench, and a neighborhood park. This familiarity can be a source of comfort and calm.

Our experienced Health Services team coordinates and communicates with your loved one's medical providers, monitors their health, and provides medication management. They will also stay in touch with you. We're here to help families at every step, and offer increasing support as relationships with loved ones change.



Three generations of Fancho Stubblefields, the inspiration behind Fancho's Public House

## A TRUE STORY

The Springs Living began with a family whose history is deeply rooted in Oregon, in a unique place called Lehman Hot Springs Resort. Here, the Stubblefield family taught the importance of hard work, respect, and serving others. Lessons learned around the healing waters of the hot springs prepared Fee Stubblefield for his quest to make life a little easier for others.

Inspired by his fiercely independent grandmother, who eventually could no longer live alone, Fee created The Springs Living. Started in 1996, The Springs Living communities have come alive with beautiful spaces where families can gather, and new memories can be made. Much more than an architectural solution, these communities stand on an unwavering foundation of dignity, quality and kindness.

Today, The Springs Living continues to create hand-crafted communities that feel like home. With the sincere dedication of our employees, we've never lost sight of our true mission. When you deeply respect and care about others, you will go out of your way to serve them and do the right thing. The first community was designed for one special person in mind, and today we exist to serve *your* family.



Life is just a little easier here®

TheSpringsLiving.com