

OUR QUALITY HOME CARE SERVICES

At **Assisting Hands**, our mission is to offer our clients, you or your loved one, the very finest personalized in-home care, allowing them to live safely and comfortably in their own homes.

Sometimes life's natural events—aging, illness, or disability — can make living independently difficult. At Assisting Hands, we understand. Our trained, dependable caregivers can help you or your loved one overcome these challenges and make home an even better place to be!

Assisting Hands provides assistance with the activities of daily living—meal preparation, bathing, medication, and more—all in the privacy and comfort of the client's home. We tailor our services to fit your needs, whether it's one morning a week or around-the-clock. Services are available 7 days a week, 24 hours a day. We are happy to customize our services to your needs and schedule!



Our Services Include:

Companion Care
Sunrise/Sunset Services
Medication/Skilled Nursing Services
Housekeeping Services
Dementia/Alzheimer's Assistance
Post-Surgery/Maternity Services
Personal Assistance Services

Getting Started Is Easy!

Call today for your FREE in-home consultation with our home care specialist

503.928.8353 www.assistinghands.com/happyvalley

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