

The Services You Want. The Solutions You Need.

Thank you for your interest in Brookdale Heritage Plaza.

This electronic brochure features current information about the exceptional accommodations and services available on our beautiful campus and the lifestyle solutions that can make this an enriching time of life.

These user-friendly files may be downloaded to your personal computer and printed at your convenience. If you experience any difficulty accessing this information, please contact our Marketing Office at (541) 926-6800 for assistance.

We invite you to learn more about Brookdale Heritage Plaza. We will contact you shortly to answer any questions and to schedule your personal visit.

We look forward to meeting you soon.



Brookdale Heritage Plaza
1560 Davidson Street SE, Albany, Oregon 97322 | (541) 926-6800

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Brookdale Programs & Services

Mission: Enriching the lives of those we serve with compassion, respect, excellence and integrity.

When it comes to senior living your options are many, but when it comes to finding a place that truly values you as an individual with associates dedicated to enhancing health, wellness and lifestyle through programs and services uniquely tailored to residents in every level of accommodations and care, that list is far shorter. Welcome to Brookdale, and welcome home.

Therapy

Brookdale Therapy provides physical, occupational and speech therapies through our on-site rehabilitation team. Designed to help residents enhance or regain their independence, Brookdale Therapy integrates proactive and reactive services to improve health with comprehensive rehabilitation, exercise and education programs. These Medicare-certified programs help our residents to be safer, more mobile, healthier and more vibrant.

Personalized Living

Personalized Living services meet residents' specific preferences and needs. Our associates help manage a range of day-to-day activities and personal matters. Services are cost-efficient, convenient, customized and can be arranged on either a short- or long-term basis.

Home Health

Services are also available to non-Brookdale residents through Brookdale Home Health. Brookdale Home Health is Medicare certified.

Optimum Life®

Optimum Life is a bold initiative that defines the way we live. By balancing six key dimensions of wellness – purposeful, emotional, physical, social, spiritual and intellectual – Optimum Life helps you live at your peak level within a lifestyle that promotes health, wholeness and fulfillment. Intended as a journey of self-examination and discovery, it includes services, features and benefits that allow each resident to reach these goals, regardless of real or perceived limitations.

Programs and services vary by location. Consult the community for details.



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Dining

Brookdale's substantial investments in culinary systems, staffing and training allow us to provide mealtime experiences that set our communities apart from the competition. From our culinary arts training program for community chefs to our select seasonings and bakery programs, we've created one of the industry's leading dining services organizations. We continue to satisfy the preferences and nutritional needs of residents with dining choices that offer mealtime fulfillment while meeting dietary requirements.

Care Connections

Care Connections promotes the health and wellness of our residents by bringing together systems to assess, plan, deliver and follow-up on their needs. By individually customizing care offerings we help ease residents through life transitions. Plus, Brookdale's more than 30 years of experience allows us to develop unique clinical capabilities in each element of our continuum of care that identify and respond to resident needs.

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Independent Living

The Freedom to Live Life as You Choose and Please

At Brookdale, you can make every moment of your retirement count. That's because Brookdale's Independent Living experience provides everything you need to make the most of your retirement years. With fine features, amenities, and attentive service, you will feel right at home in your well-appointed accommodations.

As a resident you will enjoy the convenience of fabulous restaurant-style dining, housekeeping, laundry and transportation services and lots of activities and fun. And since Brookdale communities are situated in established, desirable locations, the most popular attractions of the local area are easily accessible.

Hospitality and wellness are also key components to Independent Living in a Brookdale community. With a number of planned activities and award-winning programs, there is always something enriching, informative or entertaining to do.

Brookdale's Optimum Life® is a bold initiative that defines the way we live. By balancing six key dimensions of wellness – purposeful, emotional, physical, social, spiritual and intellectual – Optimum Life will help you live at your peak level and within a lifestyle that promotes health, wholeness and fulfillment.

Brookdale makes substantial investments in culinary systems, staffing and training that enable us to create dining experiences that set our communities apart from the competition. From our culinary arts training program for community chefs to our Select Seasonings and bakery programs, Brookdale has created one of the industry's leading dining services organizations.

All residents enjoy our ongoing Brookdale Celebrates program. Each month Brookdale Celebrates with inspired dining and vibrant lifestyle activities that come together with themed experiences, special events and group activities that spotlight different cultures and cuisines.

With lifestyle and wellness programs and the opportunity to revive longstanding relationships and develop new ones, it all comes together in a Brookdale community. Come see how our exceptional blend of hospitality, service and care can give you the freedom to live life as you choose and please.

Programs and services vary by location. Consult the community for details.



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Services & Amenities

There are endless opportunities to stay engaged and social. Enjoy an event in our community room, read and relax in our library, or head outside to garden in our raised flower beds. We also offer full-service dining in a comfortable setting where you can enjoy a delightful meal.

You'll always have peace of mind because our expert staff is available around the clock. With a continuum of care offered through our assistive living community and our other properties, you'll be proud to call Brookdale Heritage Plaza home.

Personalized Care

- **Lifestyle Options** — We provide independent living.
- **Dining** — Our full-service dining program offers three meals a day, prepared fresh and served by our friendly well-trained staff.
- **Housekeeping Services** — Regular Housekeeping services are provided for residents. For tasks, beyond basic cleaning, special requests can be made by contacting the director of housekeeping
- **Flat Linen Services** — We launder your linens and towels and change your bed linens weekly.
- **Transportation Services** — Our trained and licensed transportation staff provides door-to-door services to shopping, restaurants and your personal appointments (pre-arranged).
- **Programs, Outings and Events** — With a variety of programs, outings and/or events daily, there's always something fun and exciting to do.
- **Staff Availability around the Clock** — Our staff is available around the clock for your security and peace of mind.

Community Features

- **Dining Room** — Our main dining room offers a beautiful setting and a friendly staff waiting to serve you.
- **Café and General Store** — Our residents run our friendly little country store with those items you need and are always happy to visit.

- **Billiards** — Our billiards room is great for a friendly game of pool.
- **Game Room** — Enjoy a friendly game of bingo, chicken foot or poker in our activity room.
- **Arts and Crafts** — Enjoy working on your craft projects in our bright and cheery activity room.
- **Guest Accommodations** — Our guest accommodations make it convenient for out-of-town friends and family to visit.
- **Outdoor Garden Areas** — Our beautiful gardens offer raised plant and flower beds to keep your comfort in mind.
- **Library** — Our library is a great place to relax and read the local paper or enjoy a favorite book.
- **Beauty/Barber Shop** — Our beauty/barber shop — run by local, reputable stylists — is conveniently located on the second floor.
- **Community Room** — Enjoy a social event, fun activity or family gathering in our community room.
- **Emergency Response System** — Enjoy the security of emergency medical aid at the push of a button.
- **Laundry** — Conveniently located laundry facilities are available for your personal use.
- **Resident Storage** — Resident storage is available for your convenience.



BROOKDALE
— SENIOR LIVING SOLUTIONS —

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Accommodations

- Spacious studio and one- and two-bedroom style plans to suit every taste
- Window coverings
- Individually controlled heating and air conditioning
- Kitchenette, with:
 - > Small refrigerator
 - > Stove top
- Small pets allowed



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— SENIOR LIVING SOLUTIONS —

Brookdale Heritage Plaza

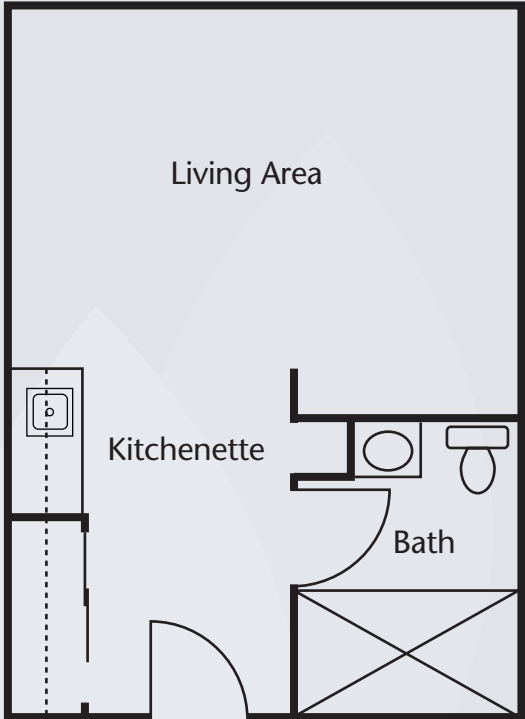
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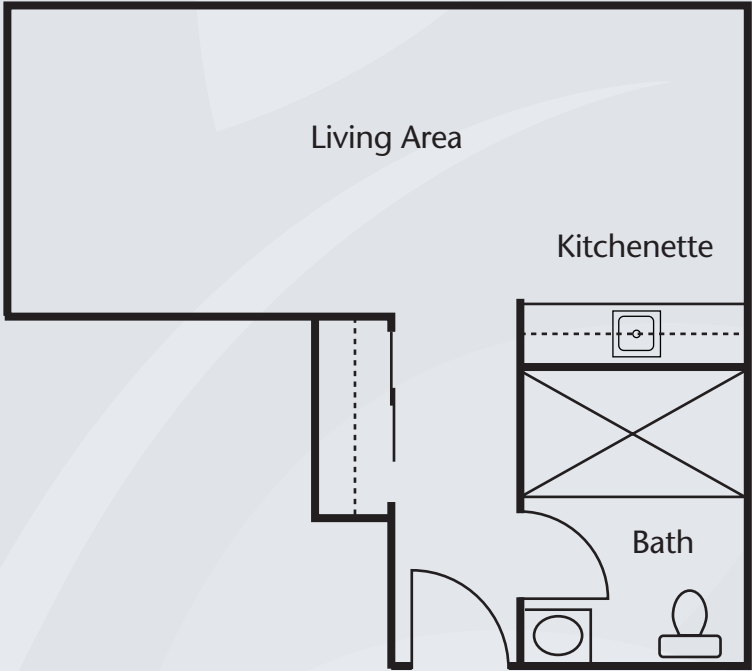


Floor Plans

Studio
Approx. 310 sq. ft.



Studio Deluxe
Approx. 398 sq. ft.



Dimensions are approximate. Floor plans may vary.



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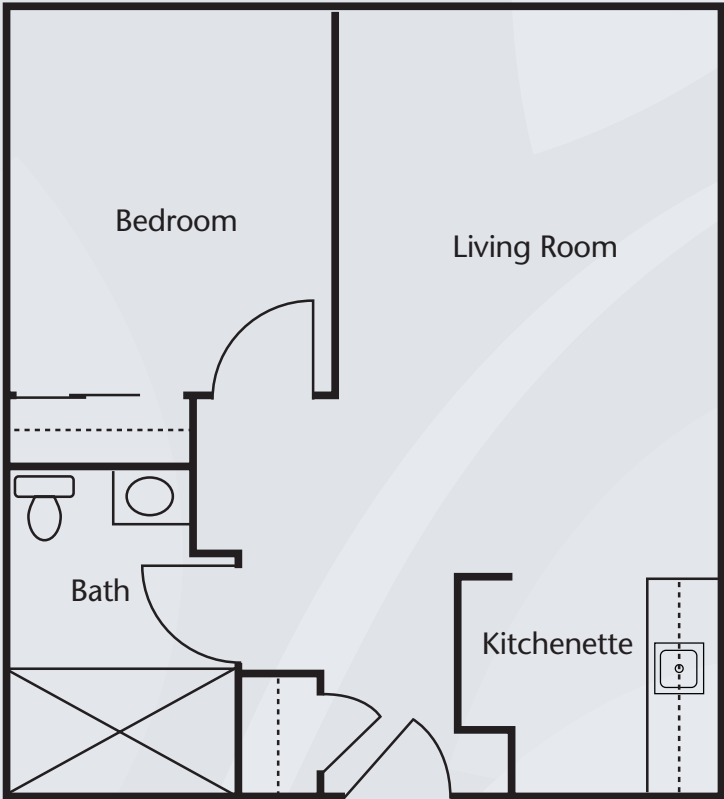
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Floor Plans

One Bedroom
Approx. 490 sq. ft.



Dimensions are approximate. Floor plans may vary.



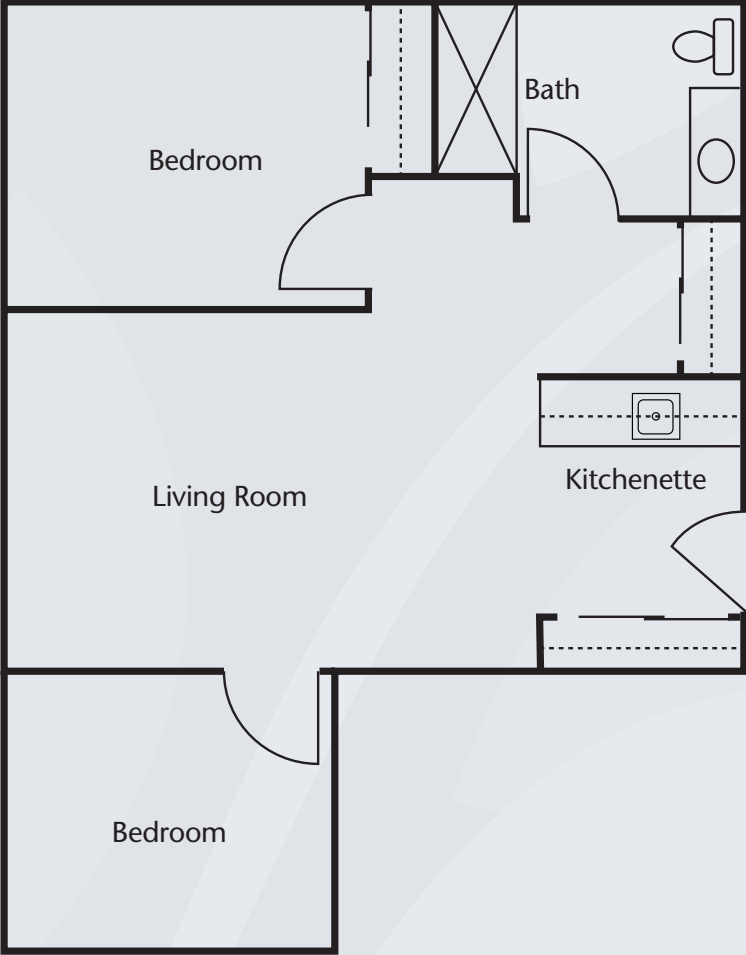
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Floor Plans

Two Bedroom, One Bath
Approx. 668 sq. ft.



Dimensions are approximate. Floor plans may vary.



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Floor Plans

Two Bedroom, Two Bath
Approx. 800 sq. ft.



Dimensions are approximate. Floor plans may vary.



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Floor Plans

Two Bedroom, Two Bath
Approx. 950 sq. ft.



Dimensions are approximate. Floor plans may vary.



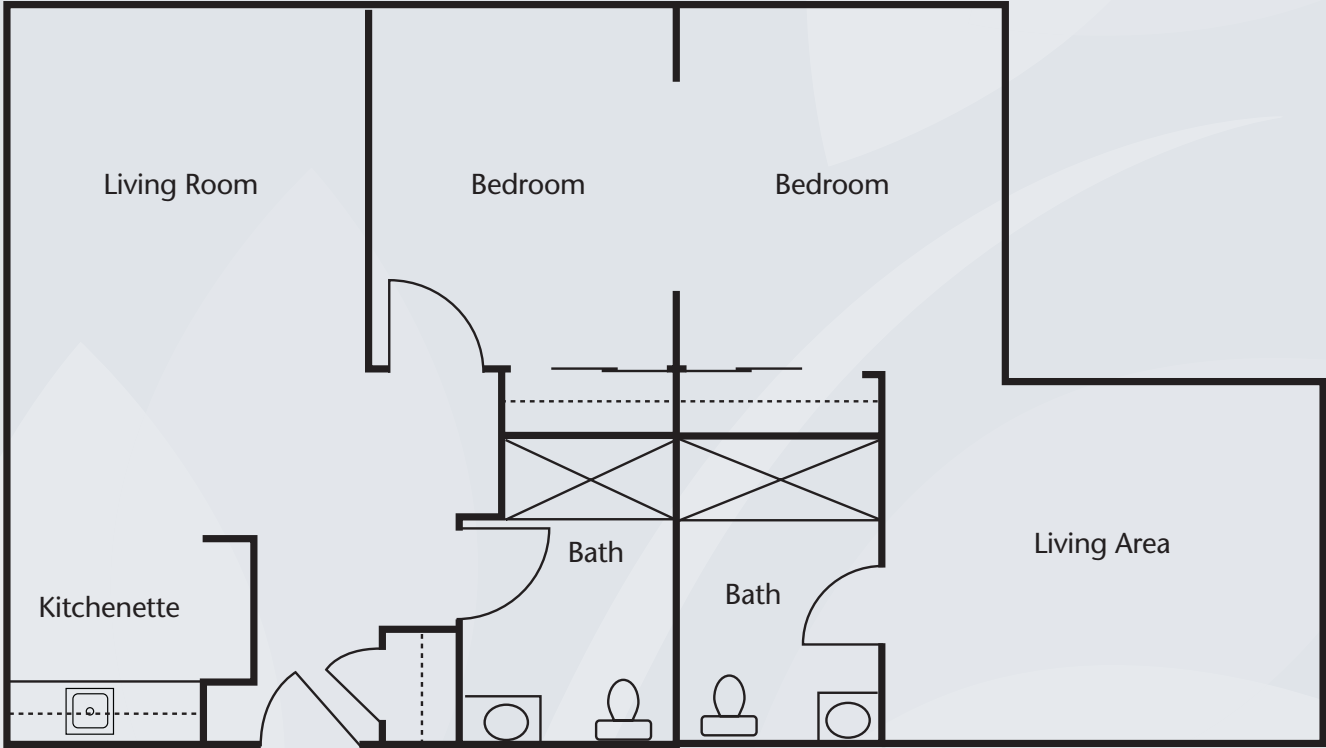
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Floor Plans

Two Bedroom, Two Bath
Approx. 1138 sq. ft.



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