



| nile living

Live Better



An aerial photograph of a river meandering through a lush, green forest. The river is dark and reflects the surrounding trees. The forest is dense and vibrant green, with sunlight filtering through the canopy.

# Nile Living

## Our name

Time is like a river that carries us forward into encounters with reality that require us to make decisions. We can't stop the movement down this river and we can't avoid these encounters. We can only approach them in the best way possible.

## About Us

Nile Living is locally owned and operated in the Pacific Northwest. We continue to work each day building a community and family atmosphere where individuals are treated with respect and given the care they desire, to grow and lead engaging lives.

Our purpose is simple: To create a better life for our residents, families, employees and partners. If you live with us we think you will notice the difference.

At Nile, we understand there has never been anyone like you before. We value your individuality and dignity, providing an array of services and amenities to help you live your best life.

Maybe you are living independently and looking for a more social and stress free lifestyle? Maybe you are needing assistance with your daily routine? Maybe you or your loved one is having difficulty with memory? Whatever the situation, we are here to support you. Every step of the journey.



# *Living Opportunities*

## **Independent Living**

The carefree lifestyle for your prime years. No more yard work, house maintenance or worries. Our communities are designed to take the work and stress out of your day. We offer engaging programs, comfortable apartment homes, luxuries and services to contribute to the lifestyle you seek.

## **Assisted Living**

The ideal balance between independence and support to help you live a full and engaging lifestyle. Our standard services include:

- Health services Staff on-site 24/7
- Care coordination
- Housekeeping, maintenance and linen services
- Scheduled transportation
- Wellness and social activities
- On site Doctor/Nurse Practitioner Rounding
- Virtual visits

## **Memory Care**

Whether you or a loved one is in the beginning stages of memory loss or needing help with all daily activities, our memory care staff is here to help. We believe you should have the opportunity to live a full and enriched life even with memory loss. We are able to provide this opportunity within a purposefully designed memory care community. We design a personalized care plan that is carried out by our warm and tender staff. Some standard services we offer:

- Chef-inspiring dining with seasonal specials
- Care Coordination overseen by Registered Nurses
- Health Services Staff on-site 24/7
- Medication Assistance
- Laundry, Linen and Housekeeping Service
- Secure Setting
- On site Doctor or Nurse Practitioner rounding



# *Living Your Best Life*

Our communities are designed to help enrich your life with our services, amenities and programs. Our goal is to help you find joy in our unique spaces created to cater to your specific needs and

## **Lifestyle Enhancement**

Our specialized programs offer immense opportunities to discover new interests, meet new friends, participate in exciting outings and activities and so much more!

## **Transportation**

We offer scheduled transportation to take you to and from your medical appointments, shopping outings, postal services, religious outings and other sources of entertainment.

## **Pet Friendly**

We welcome your pets\* as a part of your family!

## **Dining**

Our signature chef-inspired meals prepared on-site daily are sure to satisfy even the most discerning of palates. Our mouth-watering meals are served in our beautiful restaurant-style settings.

## **Optional Services**

We have an unlimited number of optional services. If you are curious about a service you don't see listed just ask! Some of our optional services include.

## **Amenities**

We operate communities with ample amenities. Including salons, in house doctor clinics, bistros, libraries, courtyards, billiard rooms and sun rooms. Ask about our amenities, we will be happy to share our building specific features.



For a list of Nile Living  
communities, visit our website at  
[www.nileliving.com](http://www.nileliving.com)



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