



# MIRAMONT POINTE

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Senior Living





I say *age is only a state of mind.*

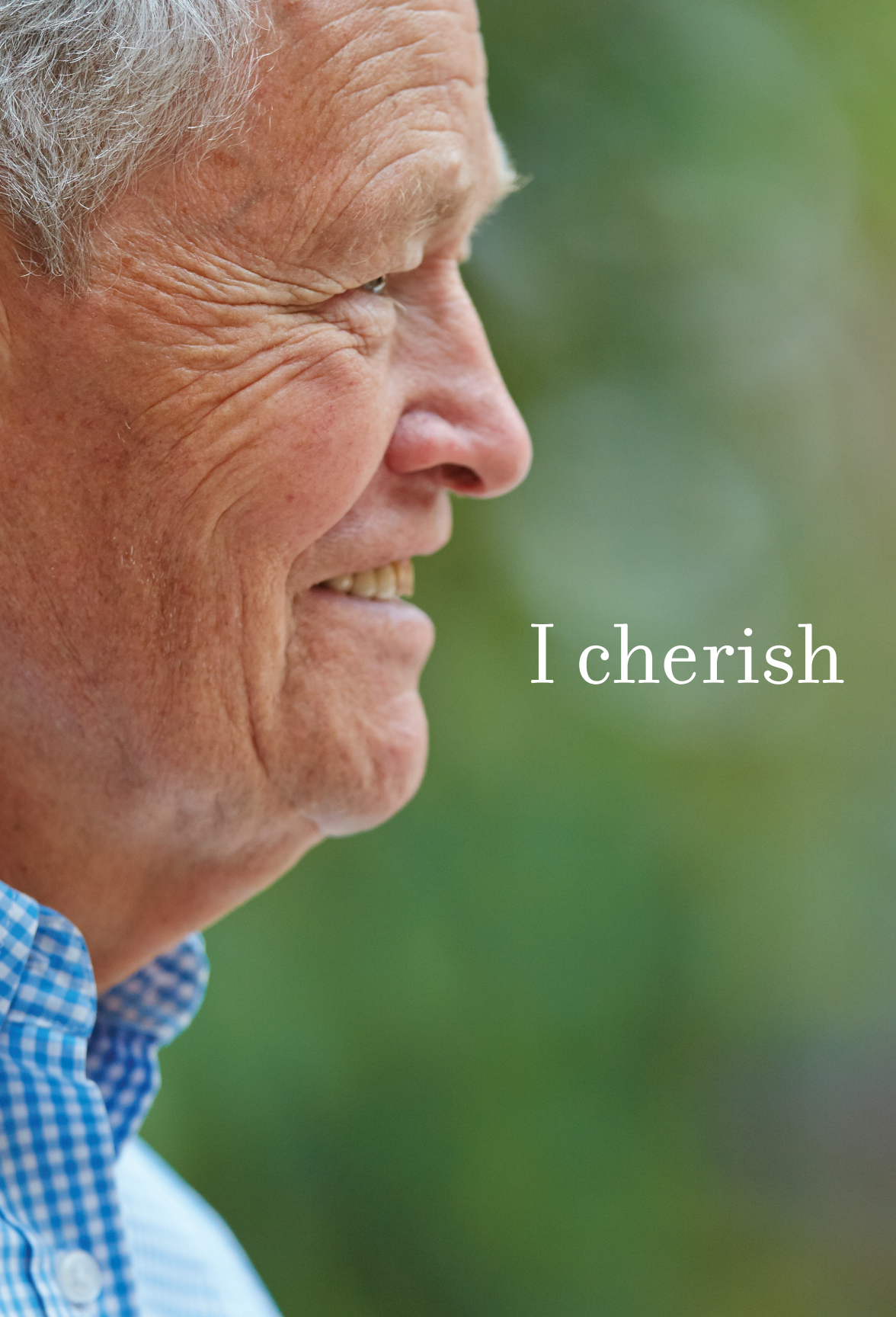


**MIRAMONT  
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I cherish

**Y**ou've always insisted on living a life that's vibrant and filled with memorable moments, never giving up on the things you love or have always dreamed of doing. Aging shouldn't change that perspective. That's why we embrace the dreams of residents and help them lead a purposeful life by providing a healthy aging lifestyle, hospitality services and amenities, intergenerational programming, and personalized care services.

*moments big and small.*

Miramont Pointe offers senior living at its best with senior living, assisted care and memory care. We take pride in delivering Platinum Service®, our commitment to put residents and their families at the heart of everything we do. We invite you to experience the platinum lifestyle and see how rich life's moments can be in a place that truly celebrates every one.







**I like** *my independence,*

**SENIOR LIVING** Our spacious apartment homes at Miramont Pointe are thoughtfully designed and maintained, and just steps away from manicured landscapes, gracious common areas, and a host of life-enriching programs and amenities that let you live your days the way you want, doing the things that matter most to you.

*having my own place, my own things.*

**ASSISTED CARE** Here at Miramont Pointe, we want you to live as independently as possible for as long as possible. When care and services are needed, we have a range of customized services and supportive care options to help you live comfortably. Among them are 24-hour on-site staffing, restaurant-style dining, an emergency call system, convenient transportation, and weekly housekeeping, linen, and towel services.







**I prefer** *to think of aging*

**MEMORY CARE** When someone you know is experiencing memory loss, we're here with Pearls of Life® memory care. Our program recognizes the value of each individual and helps residents live dignified, well-rounded lives, discovering the treasures, or pearls, within. Pearls of Life memory care offers Montessori Inspired Lifestyle®, a positive approach to providing care for adults living with dementia or Alzheimer's disease.

*as getting better, not older.*

**INNOVATIVE PARTNERSHIP** The Montessori Inspired Lifestyle® approach of care is based on the methods of Maria Montessori, as adapted for adults by Dr. Cameron Camp, founder of the Center for Applied Research in Dementia. This approach allows residents to focus on their individual strengths and engage in meaningful activities.





# I learn. We teach. I listen.



**SOCIAL** Social engagement is a key factor to longevity among senior living residents. Miramont Pointe offers a number of ways to connect and engage in social activities whether they are outings, entertainment or happy hour.



**DINING** Residents enjoy a restaurant-style dining experience that offers healthy and fresh choices. Each chef-inspired meal is thoughtfully plated. Residents have the option to choose from a menu with a variety of balanced food options including our Food for Life™ items that are lower in sodium, fat and calories.



**FITNESS** Opportunities to improve mobility, strength and overall wellness include FIT Functional Fitness®, designed to help improve residents' core strength, balance and cardiovascular health, as well as promote relaxation. The goal is to increase overall health and wellbeing, reduce potential for falls, and encourage residents to remain active.



**SPIRITUAL** Whatever form spirituality takes, Soaring® is our unique approach to spiritual care. This program supports our residents' spirits, helping them find peace, purpose, and meaning. The definition of spirituality can be expansive. We recognize the various ways individuals express faith and spirituality, and encourage residents to explore past and new experiences.

# We share. I create. We encourage.



**INTERGENERATIONAL** Bringing together people of all ages is an important focus of Miramont Pointe. Children learn from the experiences and encouragement of seniors, while children's wonder and boundless enthusiasm help keep seniors young at heart.



**SERVICE** Valiant Veterans® is open to anyone who has served in the U.S. military, as well as their spouses, family members and friends, giving veterans a chance to talk with one another, and to be honored for their commitment to our country. Volunteer opportunities are also an important part of service and are available for individuals who want to donate their time and make a difference.



**LEARNING** Embrace new experiences and participate in educational opportunities, innovative programs, technology courses, creative arts and music projects, nature-based activities and much more! Miramont Pointe provides residents with a space for growth and makes it easy to stay involved.



**ENVIRONMENT** Indulge in endless opportunities to explore the diverse environment that Miramont Pointe offers. We want you to thrive and be happy, that's why our community was created in a scenic setting that promotes meaningful experiences and relationships for residents. Throughout the community residents enjoy a salon and spa, fitness center, indoor heated pool, library and computer lounge.





Miramont Pointe helps individuals like you make the most of every moment. Every detail was designed not just to bring joy, but to spark a whole new sense of purpose – reminding all of us that you, indeed, matter. We want to make your years here the most memorable and happiest of all. You need only step on the grounds to feel the difference. We invite you to come and see how rich life's moments can be.







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503.698.1600 | 11520 SE Sunnyside Road, Clackamas, OR 97015  
[miramontpointe.com](http://miramontpointe.com)



# Senior Living

Apartment Style	Sq Ft	Monthly Basic Fee
Studio	410-550	\$2840-3685
One Bedroom	600-900	\$4490-5705
One Bedroom Deluxe	840	\$5455-6030
Two Bedroom	900-1200	\$5605-8605
Two Bedroom Deluxe	1050-1900	\$6350-9765

Senior Living Monthly Basic Fee includes:

- Three chef-inspired meals per day
- Weekly housekeeping, linen and towel services
- Life Enrichment programs
- Scheduled transportation
- All utilities, excluding telephone
- Expanded cable TV
- Complimentary Wi-Fi in common areas
- 24-hour on-site staffing
- Assigned/reserved parking space

Non-refundable Community Fee: \$2000

Second Person Fee: \$800 per month

Additional services are available and can be purchased à la carte.

*Prices effective 01/01/2023 (subject to change)*



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# Assisted Care

Apartment Style	Sq Ft	Monthly Basic Fee
Studio	410-550	\$4185-4695
One Bedroom	600	\$5200

Assisted Care Monthly Basic Fee includes:

- Three chef-inspired meals per day
- Weekly housekeeping, linen and towel services
- Life Enrichment programs
- Scheduled transportation
- All utilities, excluding telephone
- Expanded cable TV
- Complimentary Wi-Fi in common areas
- 24-hour on-site staffing
- Assigned/reserved parking space

Non-refundable Community Fee: \$2000

Second Person Fee: \$800 per month

Additional services are available and can be purchased à la carte.

*Prices effective 01/01/2023 (subject to change)*



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# Care Packages

A Care Package is determined after an assessment by licensed nursing staff and charged at an additional monthly rate.

Level 1	\$1060	25 hours of assistance per month
Level 2	\$2085	50 hours of assistance per month
Level 3	\$2930	75 hours of assistance per month
Level 4	\$3640	100 hours of assistance per month
Level 5	\$4365	125 hours of assistance per month
Level 6	\$5025	150 hours of assistance per month
Level 7	\$5870	175 hours of assistance per month

Personal assistance with activities of daily living may include a combination of the following:

- Medication administration
- Bathing
- Dressing
- Grooming
- Escorts
- Toileting assistance

Additional services are available and can be purchased à la carte.

*Prices effective 01/01/2023 (subject to change)*



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# Memory Care

Apartment Style	Sq Ft	Monthly Basic Fee
Studio	410-550	\$4170-4680
One Bedroom	600	\$5445

Memory Care Monthly Basic Fee includes:

- Montessori Inspired Lifestyle® Approach for Dementia Care
- Three chef-inspired meals per day
- Weekly housekeeping, linen and towel services
- Life Enrichment programs
- Scheduled transportation
- Escorts and transportation to scheduled appointments
- All utilities, excluding telephone
- Expanded cable TV
- Personal laundry

Non-refundable Community Fee: \$2000

*Prices effective 01/01/2023 (subject to change)*



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# Memory Care

A Memory Care Package is required in addition to the Monthly Basic Fee. The appropriate Memory Care Package is determined after an initial assessment by licensed nursing staff and charged at an additional monthly rate.

Level 1	\$2800	85 hours of assistance per month
Level 2	\$3630	110 hours of assistance per month
Level 3	\$4070	135 hours of assistance per month
Level 4	\$4825	160 hours of assistance per month

Personal assistance with activities of daily living may include a combination of the following:

- Medication administration
- Bathing
- Dressing
- Grooming
- Escorts
- Toileting assistance

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# À la Carte Services

Initial assessment by RN .....	No charge
Licensed nurse .....	\$30/15 minutes
Personal laundry (on-site) .....	\$11/load (up to two per week)
Dining tray services .....	\$6/tray
Pet fee (non-refundable) .....	\$500
Caregiver services.....	\$14/15 minutes

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# Services & Amenities

## Home

- Your choice of private residence
- Individually controlled heating and cooling
- Three chef-inspired meals per day
- Life Enrichment programs
- Spiritual care programs
- Weekly housekeeping, linen and towel services
- Maintenance and grounds care
- All utilities, excluding telephone
- Expanded cable TV
- Complimentary Wi-Fi in common areas
- 24-hour emergency call system
- 24-hour on-site staffing

## Amenities

- Happy hour in the lounge
- Salon & spa
- Fitness center
- Indoor heated pool
- Resident library
- Resident computer lounge
- Scheduled transportation
- Pet-friendly community
- Smoke-free community



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# Awards



## Silver – Achievement in Quality

Miramont Pointe has been recognized as a 2019 Silver – Achievement in Quality Award recipient by the American Health Care Association and National Center for Assisted Living (AHCA/NCAL). The award is the second of three distinctions possible through the AHCA/NCAL National Quality Award Program, which spotlights providers across the nation that have demonstrated their dedication to improving quality of care for residents and patients in long term and post-acute care.



## A Montessori Inspired Lifestyle® Credentialed Community

The Pearls of Life® memory care neighborhood at Miramont Pointe has been awarded the Bronze Level designation as A Montessori Inspired Lifestyle® Credentialed Community from the Center for Applied Research in Dementia. Achieving this credential demonstrates that the community has established outstanding efforts to improve the quality of life for memory care residents through the values and principles embodied in the Montessori Inspired Lifestyle approach.



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# Personal Cost Sheet

Prospective Resident \_\_\_\_\_

Monthly Basic Fee \$ \_\_\_\_\_

Apartment Type \_\_\_\_\_

Includes:

- Three chef-inspired meals per day
- Life Enrichment programs
- Weekly housekeeping, linen and towel services
- All utilities, excluding telephone
- Expanded cable TV
- Scheduled transportation

Level of Care Estimate \$ \_\_\_\_\_

À la Carte Services \$ \_\_\_\_\_

Total Monthly Fee \$ \_\_\_\_\_

Non-refundable Community Fee (one-time) \$ \_\_\_\_\_



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## This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on its right side, suggesting it's resting on a surface.



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