



Memory Care Neighborhood

Our Memory Care program is focused on positive reinforcement and joining your loved one in what is most important to them in that day or moment.

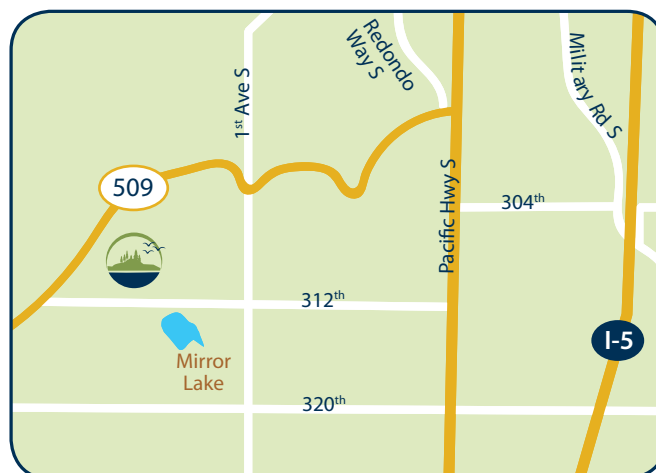
Our goal is to help keep our residents engaged in life mentally, emotionally, physically, and socially and embrace this philosophy with our residents each day.

Our personalized Life Enrichment activities help maximize independence, while focusing on individual strengths and abilities. From music, art, dancing and exercise to daily chore simulation such as folding laundry, sorting socks, setting the table, to outings and walks, we empower our team members to help create moments of joy as often as possible. We also have ice cream and lemonade socials, birthday and holiday parties, and enjoy family and friends who stop in to visit.

We understand the challenges and stages associated with Alzheimer's and dementia and how difficult it can be for family, friends and loved ones. We offer support from the local Alzheimer's Support Groups to church services to partnering with your loved ones' health care providers, as well as routine conversations with our Wellness and Management teams. We are here for you and your loved one.

Visit Us Today!

Mirror Lake Village is located in Federal Way, roughly 25 miles south of Seattle. Our community rests on 3 acres in a quiet residential neighborhood with easy access to HWY 509 and Interstate 5. We invite you to stop by for a tour today and see for yourself what makes our community so special.



Mirror Lake
Senior Living Community **Village**

INFORMATION OFFICE

833 SW 312th Street, Federal Way, WA 98023

(253) 455-0338 | info@mirrorlakevillage.com

www.mirrorlakevillage.com



Mirror Lake Village

Senior Living Community



Opening Early 2020!

At Mirror Lake Village We Offer:

- Independent Living, Assisted Living and Memory Care programs
- Caregivers available 24-hours a day
- Personalized care plans to meet individual needs
- Restaurant-style all-day dining
- Fresh chef-prepared meals
- Full social, recreational and exercise programs
- Theater, activity and exercise room, library, bistro and game room
- Scheduled transportation
- In-house hair salon
- Weekly housekeeping services
- Underground gated parking garage
- Convenient location
- Family education and support opportunities



Active Living & Family Support

Our Life Enrichment program offers gardening, outings, music, exercise, reading groups, game time, crafting, church services and holiday celebrations to name a few!

These activities, along with recognition and respect for our residents' life history, lead the way to a meaningful quality of life each day.

We often hear that the friendships and social interaction provided for our residents make a positive impact on both the resident and their loved ones.

At a time when residents need support and care, so do family members and caregivers. We offer information and resources on group and family support. We also encourage families to be involved by attending special events, outings, or by participating in family gatherings and daily activities.



Our Resident Care

Our program is managed by a licensed nurse and Resident Caregivers are available 24-hours a day.

In addition, our Wellness Team works closely with local medical professionals to help meet the needs of our residents and enhance the overall quality of life for our residents. We partner with physical therapists, hospice, occupational, respiratory, and speech therapists, as well as podiatry, hearing and eye specialists.

Our Executive Director, in conjunction with our Wellness Director, will schedule a "Get Acquainted" meeting in which resident needs and requests are discussed and we learn more about the important lifestyle routines for you or your loved one. Doing so helps us in tailoring a customized personal care plan to encourage individual strengths, capabilities, and needs. This assessment also determines the monthly cost of your service plan.

