

THE COMFORT OF HOME. A NAME YOU CAN TRUST.

As one of America's most trusted and experienced providers of in-home senior services, Interim HealthCare® understands how important it is for people to stay in their homes. But sometimes the challenges of everyday living get beyond even the most independent-minded people. Our care professionals can provide the extra support needed to live an enriched life in the comfort of home.



Services

Companionship

Providing and facilitating social interactions such as:

- Appointments
- Going for walks
- Writing/correspondence
- Reading
- Meal planning/preparation
- Sorting and/or reading mail
- Entertainment
- Answering the telephone
- Selecting clothes
- Caring for house plants
- Crafting
- Games/Cards
- Monitoring diet and eating habits
- Home deliveries
- Coordinating lawn care
- Newspapers, magazines and books
- Movies
- Visits, outings and trips
- Visiting with neighbors, friends, family
- Religious reading and discussion
- Birthday/anniversary reminders
- Maintaining calendar
- Travel planning

Personal Care

Assistance with daily living activities such as:

- Dressing
- Bathing
- Personal hygiene
- Incontinence care
- Feeding
- Healthy movements
- Restroom use
- Medication reminders
- Grooming
- Getting in and out of bed
- Getting in and out of wheelchair
- Evening tuck-in
- Morning wake-up

Homemaking

Helping with light housekeeping and domestic activities such as:

- Laundry
- Ironing clothes
- Washing dishes
- Taking out garbage
- Changing linens and making beds
- Vacuuming

- Dry cleaning
- Picking up prescriptions
- Dusting and polishing furnishings
- Cleaning closets and pantries
- Cleaning kitchen cupboards
- General shopping
- Grocery shopping
- Preparation of future meals
- Escorting to appointments
- Escorting to lunch/dinner
- Incidental transportation
- Attending lectures, plays and concerts
- Coordinating snow removal
- Supervising home maintenance
- Preparing grocery list
- Clipping coupons
- Pet care
- Monitoring food freshness and expirations
- Travel planning
- Overseeing home deliveries

**Call today for
our complimentary
in-home evaluation**

425-274-3720