About Us

Welcome to Tualatin Farmington Square!

The Farmington Square family developed the concept of small home-like settings to give each resident a more comfortable and intimate living environment. Every aspect of each individual building is designed with the resident in mind. From our cozy living rooms to our extra attentive staff, no detail is overlooked when it comes to our residents feeling at home.

The Farmington Square mission is to create and sustain comfortable, caring environments for those who depend on us. You are invited to visit our community, enjoy a meal, attend our activities, and experience life at Farmington Square.

The information included is an overview of our many amenities and services. We are happy to answer any additional questions you might have. We encourage you to inquire today and find out what makes us, "small enough to care a little more."



Levels of Care Programs

Assisted Care

Assisted care allows an individual to maintain their lifestyle and dignity, while feeling secure in the knowledge that someone will be there to help.

Farmington Square works to provide a sense of community with an emphasis on maximizing resident independence, self-worth, and dignity.

We provide personal care and support services that are tailored to meet individual needs. Additionally, we have created an environment that supports independence.

Enhanced Care

We realize it is not uncommon for an individual to require more hands-on care than is typically provided in an assisted living or residential care community. That is why we developed enhanced care as an alternative to nursing home placement.

Higher than average direct-care staff to resident ratios allow our staff the time to assist residents who require two-person transfers and higher levels of care.

Transitions Program[™]...The First Step to Memory Care

The *Transitions Program™* is designed to meet the ever-evolving personal care needs of those displaying the initial signs of memory loss. As their needs become more advanced, so does the level of care and attention we provide. Our unique program allows individuals with like needs to live together, which helps residents to maintain their highest level of independence and community. It works to help them feel more comfortable and properly stimulated in their environment.

Memory Care

Farmington Square has been a pioneer in providing care for those with Alzheimer's disease and other related dementias in a residential setting. We recognize that the right environment can help diminish agitation and confusion. In fact, Farmington was the first elder care company in the state of Oregon to design and build a community specifically for people suffering from Alzheimer's disease and other forms of memory loss.



Included Amenities

The following amenities are included in your base rent:

- Caregiving staff on-site 24 hours each day
- Three nutritious, home-style meals daily
- 24-hour availability of beverages and snacks
- Weekly housekeeping and laundering of personal items
- Individual room temperature controls
- All utilities, except personal telephone
- Cable TV in common areas, and hook-up in each suite
- Coordination of transportation needs
- Full calendar of life enhancing activities
- Routine apartment maintenance

In addition to *Included Amenities*, Farmington Square offers *Personalized Service Plans* for those who need additional help with their daily routines. Together with our professionally trained staff, residents receive the level of care that best suits their lifestyle.



Personal Care Services

Our goal at Farmington Square is to meet each resident's needs while maintaining the highest level of choice, dignity, privacy, respect, and individuality. To assure that this is done effectively, a personal assessment is conducted prior to move-in. Residents, family members and the Farmington Square staff work together to develop an individually-tailored service plan. A follow-up family care conference will be held regularly to assure that, as a resident's needs change, the *Personalized Service Plan* is adjusted accordingly.

Personalized service plans may include:

- Daily assistance with hygiene, dressing, and bathing
- Assistance with mobility to and from meals and activities
- Incontinence care
- Additional housekeeping
- Medication management: monitoring, supervision and assistance
- Safety checks
- Mealtime reminders
- Assistance with eating
- Periodic nighttime care
- Select diabetic care
- Health Services: monitoring, supervision, or assistance



Day/Respite Care

Our *Day/Respite Program* allows for short term visits within our community. We've found that providing care at home for a loved one is frequently a full-time responsibility requiring much dedication and attention. There are times when caregivers need to get away, whether for a weekend or a more extended period of time.

When the need arises, the *Day/Respite Care Program* at Farmington Square offers a supportive environment where personal and medical needs can be met by a skillful staff that is dedicated to caring for the needs of older adults. Our *Day/Respite Care program* is available for short stays of up to 30 days on availability.

