



ASSISTED LIVING

IN A COMMUNITY OF CONNECTION.

Imagine living in a place where you're connected to all generations, where you can be a part of a vibrant community filled with people of all ages. Imagine knowing that you have all the extra help you need to stay independent and productive – and that more care is available if it is required. Imagine joining together with like-minded people to carry on a mission-driven life. That is what you'll find at The Courtyard at Cristwood.

At The Courtyard, our programs focus on whole person wellness, where you will have access to all you need to live a rich and comfortable life.

- A diverse activity program: trips, music therapy, art classes and social events
- Exercise fitness classes, and health seminars
- A spiritual enrichment program offering Bible studies, Sunday and holiday

services and a full-time, on-site chaplain for personal encouragement and counseling

- Scheduled transportation to and from medical and shopping (limited distance)
- A talented culinary team providing three healthy, delicious meals per day
- A fully-stocked pantry for between meal snacks available around the clock
- A family room and library with fireplace for reading and social events
- Licensed nurses and caregivers as well as a Resident Emergency Pendant call system
- Weekly housekeeping
- All utilities included (except for telephone and internet)
- An on-campus salon (additional fees apply)



*Your own space,
designed for comfort.*

The Courtyard is a unique community, rich with legacy and a tapestry of residents from all walks of life. Assisted living apartments are located in three areas of The Courtyard at Cristwood:

Chestnut Court features large private studio apartments with full bathrooms.

Oak Tree Court includes a variety of private and semi-private suites, many with full bathrooms.

Poplar Place has studio units that are designed for those living with dementia, Alzheimer's, or memory loss.

The Courtyard at Cristwood is an assisted living neighborhood that is part of the 55-acre Cristwood campus in Seattle. Here, you'll find long-term caring Christian staff and a warm, comfortable environment filled with activities to suit every personality.

As a resident of The Courtyard, you will have full access to all the offerings of the Cristwood continuing care retirement community, including respite care, nursing care and memory care, should the need arise. Cristwood is part of the CRISTA family of ministries. Residents are always welcome to take part in CRISTA's regional and global efforts to love God and serve people through education,

disaster relief, community development, youth camps and media.

There are many opportunities to get involved.

While we aren't a single-denomination community, what sets us apart is that we all share the quest to lead a life of service; loving God by serving people. And so you can continue to live a life of importance.

Here, you'll live a life connected.




CRISTWOOD
A CRISTA SENIOR LIVING COMMUNITY

