Respite Care

If you personally take care of a loved Lone with Dementia at home, you know the stress and demands it places on you and your family.

If you are ready for a break to refresh and renew yourself, call and ask about our short-term Respite Care program.

The Family

W/e encourage families to become **V** involved in the care we provide by visiting often and meeting with staff to discuss their loved one's personal history, preferences, and special needs.

Family members also often need information and support to understand and cope with the progressive nature of memory disorders. That is why we offer a library of information as well as a family support group. Call for information.

We Support the Alzheimers Association Until there's a cure, there's The Cottages



An Invitation

You are invited to arrange a personal tour of The Cottages at University Place.

Once you visit, we think you will agree The Cottages offers the lifestyle, comfort, care and companionship you want for your loved one.



5417 64th Street West University Place, WA 98467

From I-5 North Head I-5 South

Take the south 56 Streed exit, EXIT 130. Keep right to take the Tacoma Mall Boulevard ramp toward University Place/South 56th Street West. Turn left onto Tacoma Mall Boulovard. Take the 1st right onto South 56th Street. Take a left on South Orchard Street heading West. South Orchard Street West becomes Lakewood Drive West in .30 miles. Turn right onto 64th Street West. The Cottages will be on the right.

> For details or reservations call 253.301.3817

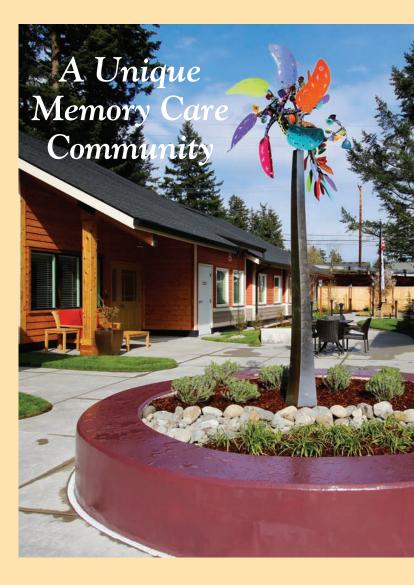
www.cottages-universityplace.com

Professionally Managed by











- Private Rooms
 - Cozy Environment
 - Caring Staff
 - Activity Program

One of the most difficult decisions a family can face concerns how to help a loved one with Alzheimers or other memory-related problems.

Until recently, the choices were limited to either the family providing care or placement in a nursing home.

The Cottages offers a third choice, one that provides the care, dignity and independence you want for your loved one in a warm, personal, supportive, homelike setting.

The Cottages

The Cottages features a unique, thoughtfully designed setting for residents with Alzheimers and other memory-related problems.

Unlike large institutional facilities, we offer three small, cozy cottages, each with only twenty residents. This design concept allows us to provide your loved one with the individual care and personal attention he or she deserves in a familiar, intimate, calm environment.

Each cottage is self-contained with its own kitchen, dining room, laundry, living room area with fireplace and private resident rooms.

Residents create a sense of truly being at home by personalizing their bedrooms with familiar furnishings and cherished mementos.

Each cottage is staffed with highly trained, compassionate professionals who are immediately available to assist residents.

Each cottage opens to an expansive but secure courtyard allowing residents the opportunity to exercise and enjoy fresh air in landscaped surroundings.



Activities

our activity program is a key component of our gentle care philosphy of emphasizing each resident's strengths and abilities.

We create a personalized activity program designed to provide each resident with a sense of purpose and achievement.

Health Care

The health and well-being of our residents is of special concern to us. Our nursing staff is available 24-hours a day, seven days a week to provide the following services:

- Assistance with activities of daily living, such as grooming and bathing.
- Medication monitoring and assistance.
- Diabetic Monitoring
- Continence Management

When additional medical services are needed, we work closely with other healthcare providers to meet the needs of our residents within the comfort and familiarity of his or her own bedroom.