## "There's no place like home"

Patients receiving home health services are less likely to return to the hospital after discharge, heal more quickly and experience fewer complications. Home health care is usually less expensive and can often be just as effective as care in a hospital or skilled nursing facility. And just

as important, most patients and their families prefer to stay at home rather than be in a

hospital or a nursing home. Each member of the team shares responsibility and contributes to the treatment plan, to delivering the highest quality services with compassion and respect.





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## Join Our Team!

Alpha Home Health is continually looking for exceptional clinicians who have a tremendous capacity for caring for others. If you are interested in joining our team, please scan the QR code or visit our website below.



#### alphahomehealthhospice.com/careers

#### **Non-Discrimination Statement**

Alpha complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Alpha cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o género

Alpha zūnsh**ŏ**u shìyòng de liánbāng mínquán f**ă**lů, bù yīn zh**ǒ**ngzú, fūsè, guójí, niánlíng, cánjí huò xìngbié ér qíshì.





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# Alpha Home Health

#### **Skilled Nursing**

Education on independently managing health care needs at home. Examples include: Wound care, ostomy management, respiratory & cardiac assessments, Rx management, diabetes management, pain/symptom management, & nutrition education.

#### Physical Therapy

Review current capabilities and through rehabilitative techniques, set realistic goals for improvement. Techniques may include: gait training, equipment evaluation, home exercise programs, muscle strengthening or instruction in the use of prosthetic devices, education on medical equipment and it's use.

#### Occupational Therapy

Teachings to increase ability to carry out day-to-day activities, such as feeding, dressing, grooming, and performing household tasks. Instruction in energy conservation/work simplification techniques.

#### Speech Therapy

Assist with communication concerns with related treatment programs, Speech pathologists also offer specialized training for swallowing or new memory issues.

### Social Work

Assisting when social or economic factors interfere with treatment, health maintenance, or inhibit patients from coping with disease related limitations. Services include: assessment, information and referral, long term planning, assistance, emotional support and counseling.

#### <u>Home Health Aide</u>

Offering personal care services, such as bathing, hair & nail care, under supervision of a registered nurse for those patients receiving nursing and/or therapy services.

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## 425.357.1790



We are the only CMS certified 5-Star Quality rated Home Health Agency in Skagit & Snohomish counties. We take great pride in our patient care and strive to be the best provider in the communities we serve.







Has there been an unexpected change in your condition or event that requires clinical attention?



Contact your doctor to schedule an appointment. Home Health orders can be accepted following a video or in person appointment.



Once referred to Alpha Home Health, our team will review to accept and initiate services

