



West Hills Health & Rehabilitation Center is the perfect blend of natural beauty, privacy, and accessibility within the serene residential neighborhood of Southwest Portland's Multnomah Village.

For nearly 50 years, our community has been the ideal place for seniors and their families seeking an enriching and worry-free lifestyle.

We are situated in a wooded setting on more than five acres. Enjoy the surrounding nature, walking paths and perpetual bird watching. Located west of I-5 on Multnomah Boulevard, we are just 10 minutes from downtown Portland.



5701 SW MULTNOMAH BLVD.
PORTLAND, OR 97219

503-244-1107

westhillshealthandrehab.com



West Hills Health & Rehabilitation is a *Platinum Service*® community managed by The Goodman Group, a leader in senior living and health care for 50 years.



WELCOME TO
West Hills Health & Rehabilitation



Hidden away from the bustle of the city and surrounded by lush trees, gardens and flowers, you'll find a haven here. A beautiful environment, compassionate staff, wonderful friends and a fulfilling lifestyle all combine to make our community right for you.

HEALTH CARE SERVICES

- Transitional and rehabilitation services
- Intermediate care for long-term residents
- Award-winning therapy team, including physical, speech and occupational therapies
- Private and semi-private rooms, many with a patio and garden views
- Wound, orthopedic, cardiac and stroke care
- Social services, from admission through discharge
- 24/7 nursing care
- Respite care
- Hospice care

LIFE ENRICHMENT

- Robust *Food for Life*™ dining program, offering delicious and healthy options
- Daily, motivating and fun group exercise classes with *FIT Functional Fitness*®
- Conveniently located near major hospitals and clinics
- Library
- Beauty salon & barbershop
- Housekeeping and personal laundry
- Social, recreational, spiritual & educational programs

CONTINUUM OF CARE

Our continuum of care includes West Hills Village Senior Residence, adjacent to West Hills Health and Rehabilitation, which offers short-term stays, independent living and assisted care.



We'd love to hear from you.
503-244-1107