A photograph of a woman with curly hair hugging a young boy from behind. The scene is warmly lit, creating a soft, intimate atmosphere. The woman is wearing a dark, possibly black, top. The boy is also wearing a dark top. The background is a plain, light color. On the right side of the image, there is a quote in a blue serif font, with decorative light blue swirls around it. At the bottom right, the brand name 'Aegis Living' is written in the same blue serif font.

LIFE IS LIVED
FORWARD
AND UNDERSTOOD
BACKWARD

Aegis Living



EVERY AEGIS LIVING RESIDENT IS LIKE A FAVORITE BOOK.

There is not a single page or chapter that defines them, but the entire work creates a masterpiece. We appreciate our residents for their full lives, including the plot twists, cast of characters and dramatic moments that tell the evolving story of their life.

We have volumes of wisdom to share within our doors.

Then

Our family was the first on our block to have a Polaroid camera.

It was like magic. Point, shoot and shake.

My dad fancied himself an amateur photographer and spared no expense on the latest technology for his hobby.



Now



As my children sit down to Skype with my father at Aegis, I find it impressive that he still stays connected with the latest technology. I regularly receive emails with digital pictures from his latest adventures.



**AT AEGIS, THERE IS NO DISAPPEARING
INTO OLD AGE.**

Rather, we take every opportunity to celebrate each day to the fullest and live in the joys of the present.

We honor our residents for their feisty personalities, quick wit, unique life experiences, sweet smiles, proudest moments and even their set ways. We do not label them by their disease, symptoms, or prescribed pills.

Partners and friends.

We played bridge together almost every Wednesday night for close to 25 years with our neighbors, the Halls. When we first started playing, we were terrible and made lots of silly mistakes. But the more we played, the better we got — not only at bridge, but as friends.

Then



Now



Mom plays cards four times a week at Aegis. She has three close friends who each love bridge as much as she does. They play, chat and drink tea late into the afternoon. This group of ladies has become fast friends over a new weekly tradition.


A close-up photograph of a hand gently holding a dandelion seed head. The background is a soft-focus field of many more dandelions. The overall color palette is warm and golden-brown.

CARING

FOR AN AGING PARENT

CAN FEEL LIKE YOU ARE
HOLDING YOUR BREATH.

Roles begin to reverse. Aegis can assist you through the tough decisions and provide peace of mind. Our nursing staff and caregivers are highly trained at treating the mind, body and spirit. We never underestimate the healing power of a hug, gentle touch or kind words.



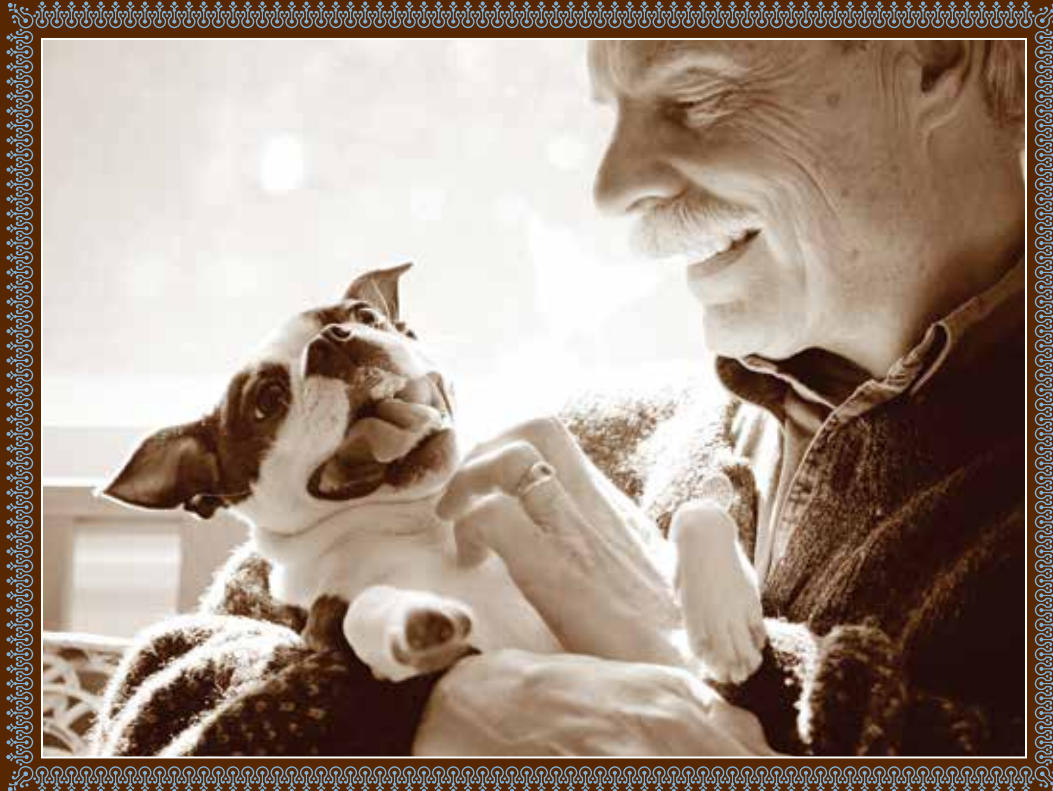
Growing up, our family always had a dog.

Our favorite was a yellow Labrador named Tank.

He would sit next to me and drool in the backseat of our car on family trips. My dad would mistakenly call me 'Tank' when I was in trouble. And Tank was always the first to get an ice cream cone for dessert. We loved that dog. He was part of the family.

Then

Now



These days, my dad's faithful companion is Richie. A Boston Terrier. Richie has slowed down in his years, much like dad. But they still both enjoy walks in the community, popcorn on the couch and meeting our new neighbors. The knitting group even surprised Richie with a bright red turtleneck. Richie is a valued member of our family and part of the community.



MEMORY LOSS

DOES NOT ARRIVE
WITH THE DRAMA
OF A BROKEN HIP.

IT COMES IN STEALTHILY.

It slowly steals pieces of identity and abilities along its way, each one seeming inconsequential until the day comes when your loved one can no longer live alone.

We understand the absurdities, heartbreak and frustrations of this cruel diagnosis. We are equipped to meet each resident where they are in the progression of their memory loss. And we make every effort to creatively individualize care, focusing more on nurturing behavioral interventions and less on pharmacologic solutions.

OUR SERVICES

AT AEGIS LIVING, IT IS OUR GREAT PRIVILEGE TO SHARE IN THE LIVES OF OUR RESIDENTS. OUR GOAL IS TO EXCEED THE EXPECTATIONS AND CARE NEEDS FOR EACH OF OUR RESIDENTS. WE DRAW FROM YEARS OF UNMATCHED EXPERIENCE WORKING DAILY WITH SENIORS AND UNDERSTAND HOW TO CREATE A COMPREHENSIVE CARE PLAN FOR THEIR CHANGING NEEDS. OUR RESIDENTS ARE LIKE A SECOND FAMILY AND WE TREAT THEM WITH THE DIGNITY THAT THEY RICHLY DESERVE. STRUCTURED PROGRAMS SOCIALLY ENGAGE OUR RESIDENTS, REDUCE THEIR ANXIETY AND INCREASE THEIR SELF-ESTEEM.

ASSISTED LIVING*

For those who need a little more assistance, Aegis can help with the activities of daily living, such as dressing, managing medications, bathing, laundry and preparing meals. Our caring staff provides a helping hand, so our residents can maintain their independence in a safe and social environment.

TRANSITIONAL CARE*

Our Transitional Care option provides a gradual transition and enhanced assistance for those with early-to-mild memory loss. Activities and dining options are tailored to their abilities and comfort levels. We strive to slow the progression of memory loss with a structure to socially engage our residents, reduce their anxiety, and increase their self-esteem.

MEMORY CARE*

Our nationally recognized Life's Neighborhood™ program was created to address the unique challenges of our residents with Alzheimer's or other forms of dementia. Our innovative program provides comfort and care in a secure, nostalgic setting for those with memory loss. Our specially-trained staff creatively cares for our residents to redirect, calm or enhance their outlook with positive tools like laughter, touch, storytelling, music and comfort.

** Services available at select locations. Please contact your local community for availability.*

SHORT-TERM STAY

Respite are available for easy transition from a hospital or skilled nursing facility to long-term assisted living or for further recovery before going home. Temporary stays allow these visitors to experience all the amenities that Aegis has to offer, including our chef-prepared meals, comfortable common spaces, fully-furnished private apartments and caring staff. Many times, a respite stay can offer an easy transition into a permanent move.

DAY STAY PROGRAM*

For those seniors who may be home alone during the day, our Day Stay Program allows your family member to spend the day with us to enjoy the activities, recreational outings, cuisine and companionship of our Aegis community. Day Stay includes all needed care, whether that is medication management, assistance with activities of daily living or addressing any concerns relating to memory care or safety. Establishing a routine at Aegis can be a more comfortable way to transition into a permanent move.

COMPANION LIVING

Aegis specializes in thoughtful roommate-pairing in our communities. Historically, roommate-pairing was matching residents by their gender alone, but we consider personality, interests, culture, eating and sleeping habits, as well as other factors, using our unique pairing process.

AEGIS GARDENS: OUR CHINESE COMMUNITY*

Aegis has built a unique community to honor the Chinese culture and the residents who live there. At Aegis Gardens, our focus on Chinese culture is reflected in everything we do. Our community is warm and inviting, with enticing activities, Chinese cuisine, thoughtfully designed architecture and interiors that are based on feng-shui. Many of Aegis Gardens' staff were healthcare professionals in China and speak multiple languages and dialects.

PREFERRED PHARMACY PROVIDER*

Our preferred pharmacy provider program offers competitive pricing and free delivery of all medications for the residents who utilize this service.

Same day deliveries are available for new orders or medication orders that have changed. All medicines are wrapped in punch card packaging with the resident's medication records for accuracy and double-checked for any drug interactions.

EMARS: ELECTRONIC MEDICATION ADMINISTRATION RECORD AND SCHEDULING

On the cutting edge of technological solutions for pharmaceutical services, Aegis has implemented Electronic Medication Administration Records to assure we are dynamically linked to each community's partner pharmacy, with accurate, up-to-date information about each resident's medications and known allergies. This system assures precise, comprehensive and efficient communication with respect to our residents' pharmaceutical needs. Safety and accuracy is a priority in all the care that we provide, but especially in the medications and dosage prescribed to our residents.

PERFECTION IS IN THE DETAILS

CUISINE

Our residents enjoy three elegant meals daily, from comfort food to seasonally prepared specials by our chef. Fresh-baked snacks and beverages, such as our ginger tea, are available throughout the day.

LIFE ENRICHMENT

Our Life Enrichment program is about more than just activities. The program is guided by the seven dimensions of health and wellness – social, professional, spiritual, environmental, emotional, intellectual and physical. Those elements are represented through daily cognitive health, physical activity and social integration in our Blue Ribbon Club. These signature programs include art, music, travel, social brain fitness and much more, to ensure life's journey is a continued adventure for all of our residents.

HOUSEKEEPING & LAUNDRY

No more dusting or vacuuming. Let us take care of the housework and folding laundry.

COMPLIMENTARY TRANSPORTATION

We are happy to help our residents run an errand, go to a doctor's appointment or take a shopping trip in our town car or bus. Our skilled drivers bring each resident safely to and from their destination.

UTILITIES

Heating and cooling systems, water, electric and general ongoing maintenance are included. Cable television and phone hook-ups are available in each apartment. Residents are responsible for monthly cable and phone charges.

PET FRIENDLY

Furry friends are more than welcome to share a home with your family member. Our pet friendly communities are home to cats, dogs, birds and fish. We know that pets are members of the family and great companions.

MOVIE THEATER*

Our residents relax in plush seats to share a movie with friends. Whether it is a classic or a new feature, we will pop the popcorn and provide refreshments.

LANDSCAPED GARDENS & COURTYARD

Our beautiful, flowering gardens, bird feeders and paths are available for our residents to enjoy stepping out for some fresh air or a stroll with their dog.

MASSAGE

Research has found that massage is very beneficial to seniors. Our locations offer scheduled massage therapists who can help with relieving the pain of arthritis, fibromyalgia and muscle strains.

SALON & BARBER*

Everyone wants to look their best! Each Aegis community has an onsite beauty salon and barber, so the resident does not have to go far to feel pampered.

** Services available at select locations. Please contact your local community for availability.*

BIG INSPIRATION IN A LITTLE BLACK BOX

THE INSPIRATION

As a young and impressionable boy, our Founder and CEO Dwayne Clark would visit his beloved grandmother in a traditional “nursing home.” The sad look in the eyes of those patients was something that haunted him for years. It was the catalyst that motivated him to build a senior housing company with communities filled with caring and enthusiastic staff. Communities that care for the mind, body and spirit.

A worn, black box collected the notes that he wrote to himself – the dreams, ideas and thoughts that kept him up at night. From this box of ideas sprang the plans for Aegis Living and the roadmap to care for the elderly with dignity.

Today, Aegis is a growing assisted living organization. We encourage our staff to fill the black boxes at each community with their suggestions and ideas to make our residents’ lives better.

CLOSE TO HOME

Dwayne has published his memoir, *My Mother, My Son*. This book illustrates a cruel twist of fate: As a successful CEO in senior housing, his mother was diagnosed with Alzheimer’s disease. She became a resident at one of his Aegis Living communities.

Even though his life’s work dealt with the elderly and memory loss, he still had to come to terms with the diagnosis and the painful realization that his mother would one day forget who he was, including the dreams and memories they had shared.

In addition, Dwayne has more recently published a children’s book, *Saturdays with GG*. His latest book shows us that children of all ages can, with the power of love and compassion, continue to build memories with their loved ones even when they are affected by Alzheimer’s and dementia.

Dwayne understands the cruelty of this disease and has applied his personal experience and passion to our highly successful Memory Care programs. His empathy drives our commitment to treat each resident with memory loss with the utmost respect and care.

We work with residents to redirect, calm or enhance their outlook with positive tools like laughter, touch, storytelling, music and comfort. We never take the easy path but accept the challenges. We promise to always be resourceful in caring for our residents.

CONTINUUM OF CARE

AT AEGIS LIVING, WE PROVIDE SERVICES TO MEET THE CHANGING PERSONAL AND HEALTHCARE NEEDS OF ALL OF OUR RESIDENTS. WE OFFER PEACE OF MIND THAT YOUR LOVED ONE WILL ALWAYS RECEIVE THE BEST CARE. AT AEGIS LIVING, WE TAKE PRIDE IN OFFERING A HIGHER LEVEL OF CARE.



Low Care Services —————→ *High Care Services*

ASSISTED LIVING

- Emergency call system easily accessible in each resident apartment
- Medication assistance and pharmacy services available
- Diabetic management, Parkinson's Disease care, weight monitoring and consulting dietician
- Onsite activities and exercise programs

TRANSITIONAL CARE

- Gradual transition and progressive assistance for those with early-to-mild memory loss
- Close monitoring of the resident's changing needs and progression of memory loss
- Structured activities tailored to their abilities, socially engage residents and reduce anxiety

MEMORY CARE

- Industry leader in the care of those residents with Alzheimer's and other forms of dementia
- Secured Memory Care unit with specialized programming
- Specially trained care staff equipped to manage difficult behaviors
- Use of industry-leading programs to redirect and calm agitated residents

END OF LIFE CARE

- Supportive around-the-clock care and pain management
- Welcoming home environment for resident to rest in comfort, with caring staff and minimal disruptions
- Companionship for the resident and emotional support for the family members

** Services available at select locations. Please contact your local community for availability.*

CHIEF MEDICAL OFFICER

Aegis Living's Chief Medical Officer directs all hiring, training and management of our healthcare staff. In addition the CMO ensures the highest quality in resident care, implements new wellness practices and develops state of the art programming. The administration of this leadership position allows our staff to provide the best care for all of our residents.

CUSTOMIZED CARE PLANS

Our highly trained staff includes a Health Services Director 7 days per week, who is a licensed nurse. They manage the care of each resident, monitor any changes in condition, administer medications, adjust dietary needs and oversee our care staff. We offer customized care plans in cooperation with our residents' medical doctors and therapists. Our nursing staff will communicate with our residents' personal physicians to keep them updated on medical conditions and aware of any changes or concerns.

24-HOUR ASSISTANCE

Our Care Managers are available 24/7 to assist with each resident's healthcare needs and the activities of daily living. We are committed to hiring, training and retaining the best staff, so there is consistency in care for our residents.

Wireless call buttons are located in each apartment and pendants are available to call for immediate assistance. Our emergency call system guarantees that our residents' needs are met any time, day or night, and in the event of an emergency.

EXPERTS IN CARE

Aegis Living is the industry leader in the care of residents with Alzheimer's and other forms of dementia. Our residents benefit from our tireless effort to create innovations in our care, in our residences, and in our structured programs. We are in constant pursuit of the latest treatments and global therapies, both Eastern and Western, for memory loss, Parkinson's disease and diabetes. To us, caring for the elderly is a blend of innovative solutions and the art of compassion.

HOSPICE – END OF LIFE CARE

The hospice concept of comfort and dignity is fully embraced by Aegis. We are committed to assisting our residents to access this benefit, if desired. When medicine cannot provide a cure, hospice can offer comfort, care and assistance that can help maintain a better quality of life.

IN-HOUSE PHYSICIAN*

Aegis Living's in-house physician partners offer excellent geriatric and palliative care through regularly scheduled visits and/or on-site office hours at our communities. This program provides easily accessible healthcare from a highly qualified physician, seamless and confidential communication, and efficient healthcare practices all within the assisted living setting. Our residents, their families and our care staff all recognize the value of these benefits.



LIFE'S JOURNEY, CONTINUES...

At Aegis Living, our residents are appreciated for their many accomplishments, their years of hard-earned wisdom and their rich legacy – not the number of candles on their birthday cake or the white in their hair. Our residents and families share their personal stories with us, so we understand the beautiful and weathered roadmap that brought them to us.

Aegis Living

Contact us today for more information

www.aegisliving.com