

ALJOYA
MERCER ISLAND





WELCOME TO LIFE AT ALJOYA

The name Aljoya means “happiness.” At Aljoya Mercer Island, everything we do evokes a sense of *joy*. Whether it’s the warm, friendly residents and staff who greet you each day, your beautifully designed residence, the fresh and flavorful chef-prepared entrées, your morning workout in the saltwater pool, or the peace of mind that comes from our care services—you will find that Aljoya Mercer Island has so much to offer.

That’s just inside our community. Step outside and you’ll be in the heart of Mercer Island—surrounded by walking paths, restaurants and coffee shops. Mercer Island is an ideal retirement destination with small-town charm and natural beauty, yet close to the city centers of Seattle and Bellevue.



“The community is so luxurious with the perfect location, but the best part about it is the staff and the residents, they are all so kind!”

- Mary Lu K.



A VIBRANT WAY OF LIFE

One look around Aljoya and you will see and feel the vibrant lifestyle.

Our Life Enrichment calendar is full of activities. Attend a lecture series, discuss current events, take a painting class, or enjoy our craft cocktail parties and on-site concerts. Choose from a variety of exercise classes, including *Enhance® Fitness*, water aerobics, or better balance. Stroll through the picturesque parks nearby, or venture on our regular outings to symphonies, operas, museums, and shopping excursions.

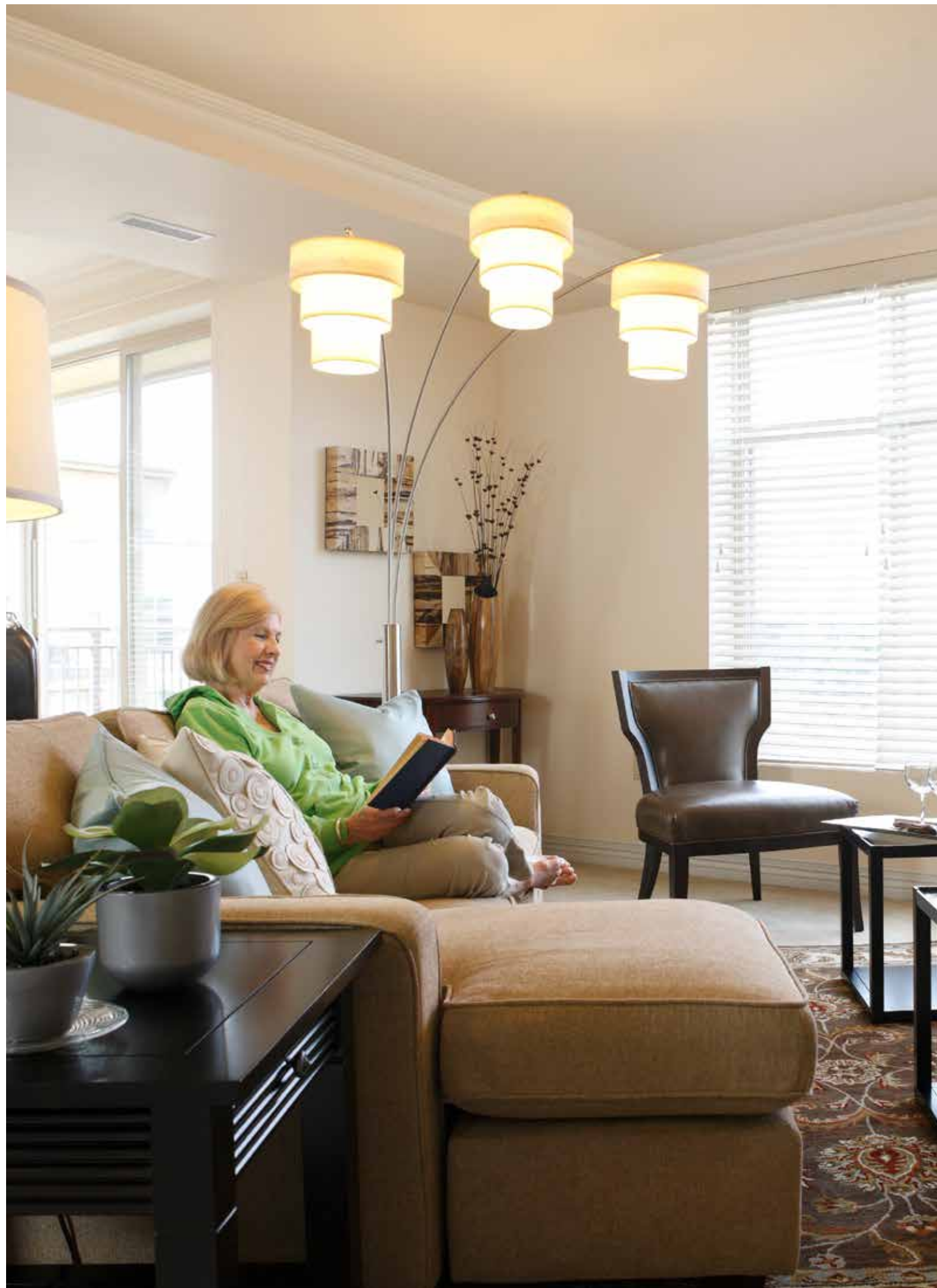
At Aljoya, you will find that there are endless opportunities to pursue your passions, mingle with good friends, or simply sit back and enjoy the ambiance.



“At Aljoya, residents enjoy and genuinely care about one another. The staff is equally responsive and extremely pleasant. The rich array of excursions and presentations offered to residents ensures a vibrant lifestyle for all. My decision to move to Aljoya has proven to be a wise and extremely happy one.”

- MJ D.





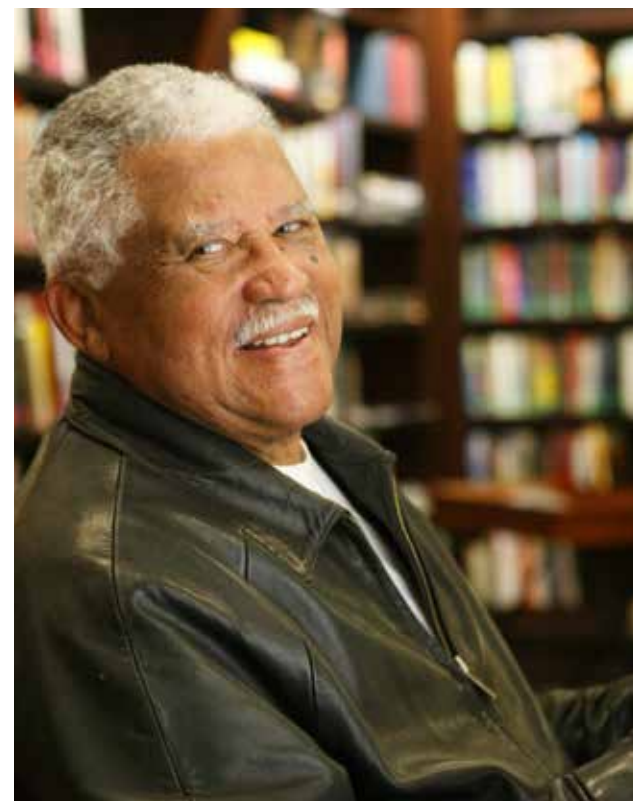
INDULGE IN THE FINER DETAILS

Aljoya Mercer Island's 114 residences include all the high-end, designer details you would expect to see in an upscale condominium, including granite countertops, stainless steel appliances and crown molding. Our generously appointed apartment homes range in size from spacious one-bedroom apartments to expansive three-bedroom penthouses. Each apartment is thoughtfully designed for maximum comfort, convenience, and style.



Residence Features

- Designer kitchen
- Spacious master bedroom
- Fireplace with tile hearth in select residences
- Private balconies or patios
- Central heat and air conditioning
- Washer and dryer
- Easy-access shower
- Internet access
- All utilities are included, except for personal phone service

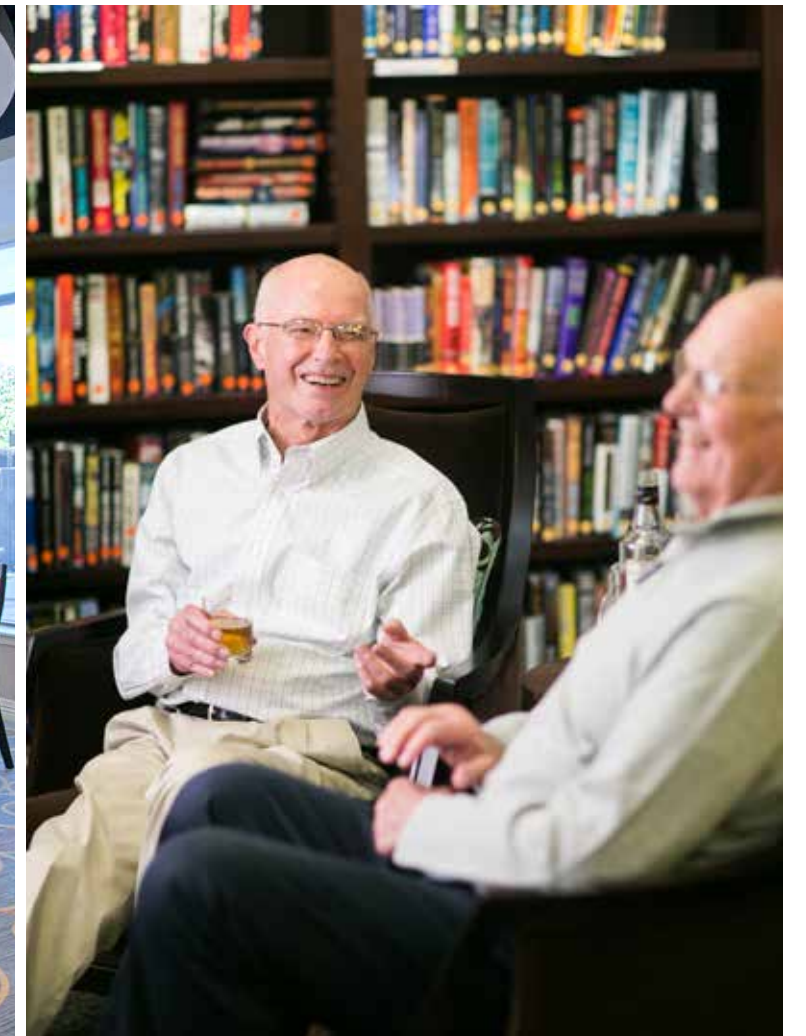


COMMUNITY AMENITIES

- *Lilly's*, an upscale restaurant with chef-prepared cuisine and flexible dining hours
- Café Bistro, a lively social hub, serving fresh bites and espresso
- Vibrant Life Enrichment programs
- Reception staff available 24 hours a day
- On-site Wellness Center staffed by a nurse
- Emergency call and daily check-in system
- Weekly housekeeping and linen services
- Maintenance services
- Group transportation
- Personal transportation services
- Aquatic and fitness center
- *Enhance®* Fitness classes
- Full-service, on-site salon including manicures and pedicures*
- Studio for massage therapy and acupuncture*
- Garden courtyard with heated terraces
- Fireside lounge
- Library
- Game room
- Card lounges
- Dance studio
- Art studio
- In-house movie theater
- Private dining venue
- Professionally curated art exhibits
- Resident garage*
- Additional storage
- Easy access to walking paths and parks
- Pet-friendly

*Additional fee





WHERE WELLNESS MEETS HAPPINESS

Our team is dedicated to your wellness. We offer a broad range of care, including independent living, assisted living, and wellness nursing services.

Enjoy the convenience of our on-site Wellness Center where you have access to consultations with licensed nurses and nursing assistants on a variety of topics, such as your medication regimen, dietary needs, vital signs, and education about Assisted Living services. The Wellness Center also coordinates visiting healthcare providers so that you have easy access to a podiatrist, audiologist, massage therapist, and others.

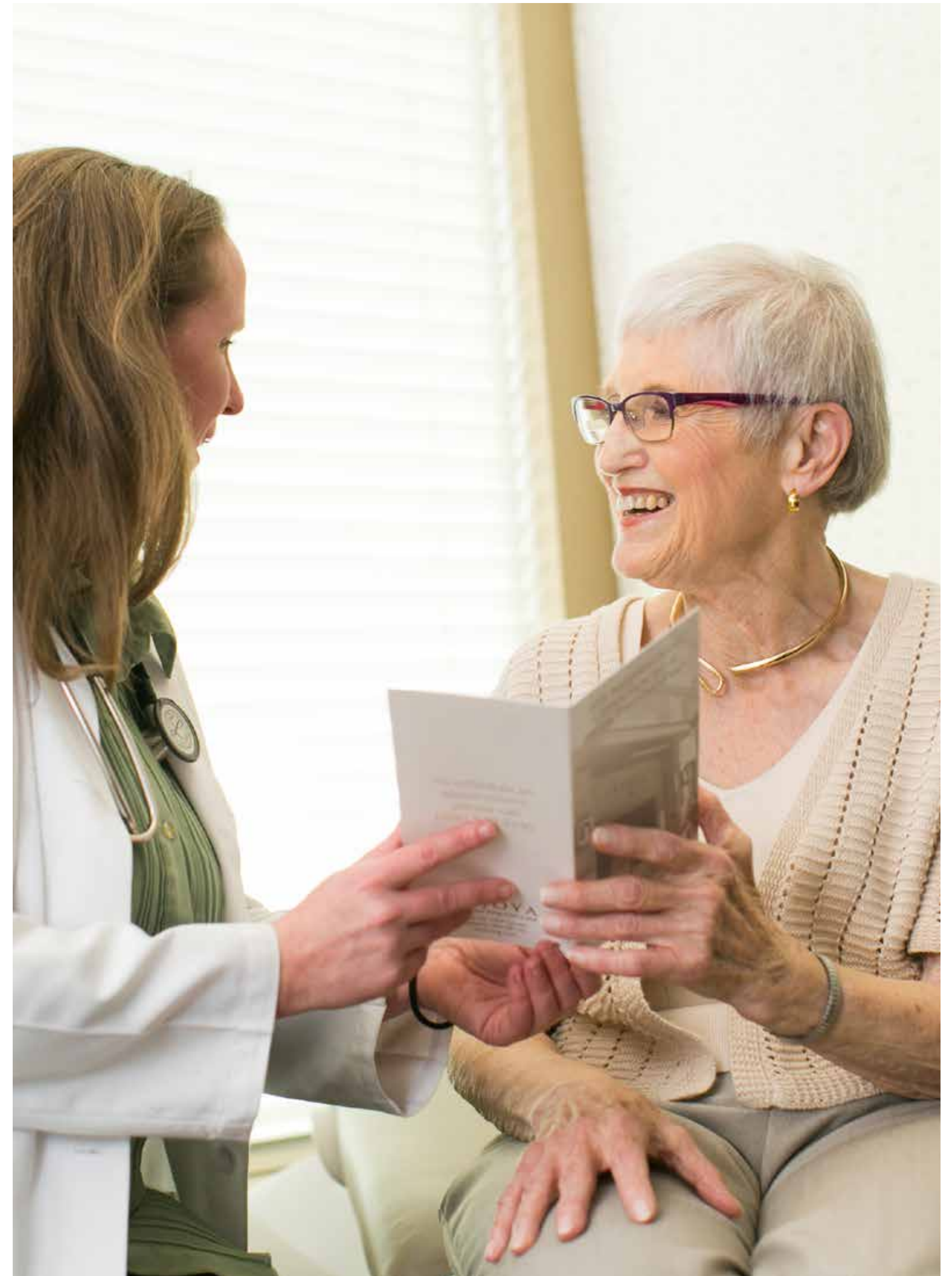
As your care needs change, our team will work with you to develop a holistic, individualized care and wellness plan. Our RN-licensed Community Health Director and team of Certified Nursing Assistants will provide professional and compassionate Assisted Living services in the privacy and comfort of your apartment home.

We offer an extensive range of services, including:

- Bathing, dressing, grooming, and continence support
- Mobility, transfer, and escort assistance
- Medication management and assistance
- Dietary and nutritional support
- Wellness nursing services

We also help you manage and monitor chronic health conditions, communicate with your healthcare providers and family, and coordinate medical appointments, as needed.

These services are offered on an à la carte basis, which means that you will only pay for services if and when you need them.



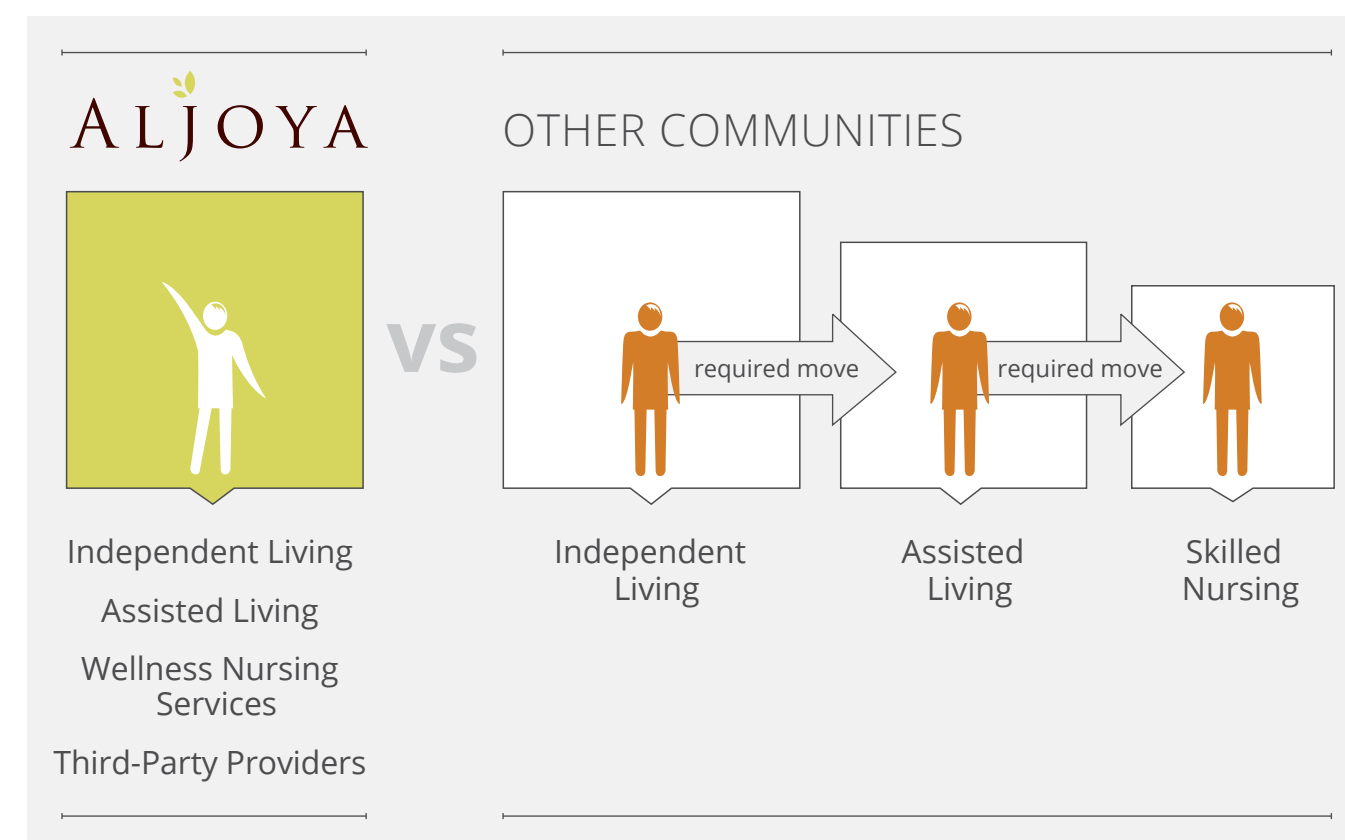


EXTRA CARE WITHOUT EXTRA HASSLES

Our team provides exceptional individualized care right in your apartment home—the same one you chose when you moved in.

Aljoya's unique approach gives you the choice and control that you want, in the comfort and familiarity of your own home, thereby maintaining the privacy and dignity you deserve. Aljoya also allows you to involve third-party providers, such as home care, home health, skilled nursing, and hospice to support you and your healthcare needs, all of which are coordinated by our Community Health Director and team.

In some other retirement communities, including continuing care retirement communities, residents needing care must move to a different apartment in a designated assisted living or nursing care wing. This often means a hasty relocation to smaller, unfamiliar quarters, and being farther away from one's spouse and friends.



OUR PARTNERSHIPS

As an Era Living community, our residents benefit from the partnerships developed with the University of Washington to deliver innovative programs designed with healthy living in mind.



For nearly three decades, Era Living has pioneered a powerful partnership with top-ranked University of Washington School of Nursing. The partnership allows residents to benefit from evidence-informed wellness and active aging programs.



We collaborate with the University of Washington School of Social Work on our innovative Resident & Family Supportive Programs, which are designed to benefit and meet the interests and needs of our residents.



We have a partnership with UW Pharmacy Cares, a medication-therapy-management program designed to increase education and support to residents and staff members. Services may include one-on-one medication consultations, complete medication list maintenance, medication schedule optimization, medication interaction assessments, and programs on relevant healthcare issues.





WHERE MIND, BODY, AND SPIRIT UNITE

Thrive is a unique program that focuses on the mind, body, and spirit to promote healthy living among the residents and staff of Era Living's communities. It is a multi-faceted wellness program designed to achieve good health, greater energy, and heightened life enjoyment.

Developed in collaboration with the University of Washington Schools of Nursing and Social Work, the program is evidence-informed. It is based on researching activities that have been shown to produce optimal results for healthy aging. It encourages challenging the mind, being active, making nutritious diet choices, and building closer relationships to those around you. Incorporating all of these facets promotes a more fulfilling, enjoyable, and enriched lifestyle.

MIND

An active, engaged, and passionate mind is key to maintaining brain health. Thrive gives you ways to enjoy your intellectual pursuits, to explore your curiosity, or to get creative and learn a new hobby or skill. Stimulate your mind with dance instruction, guest lectures, brain fitness classes, art instruction, world history courses, off-site learning, men's and women's groups, and much more.

BODY

A healthy body gives you the energy to enjoy life to its fullest. Thrive takes a whole-body approach starting with nutritional food choices in our dining rooms, dietician-led nutritional talks, and chef-prepared food tasting events. Your Thrive Personal Coach will help you develop a custom-tailored plan from an array of choices, including fitness classes, *Enhance®* Fitness instruction, aqua aerobics, balance classes, weight management support, massage therapy, and acupuncture.

SPIRIT

Feeling connected and involved strengthens your spirit and creates a greater sense of fulfillment. Thrive helps you meet new friends and embrace your community through cocktail parties, art galas, musical performances, and outings to museums, shows and restaurants. Thrive nurtures your spirit with meditation programs, life reflection classes, volunteer opportunities to contribute and give back to others, religious services, bible study, and non-denominational spirituality workshops.





RESIDENT & FAMILY SUPPORTIVE PROGRAMS

Era Living collaborates with the University of Washington School of Social Work to offer a range of supportive services tailored to benefit and meet the interests and needs of our residents. Our counseling and social work team provide professional services on-site, in our community.

Support Groups

We offer many inviting and professionally facilitated support groups, such as:

- Life Transitions
- Life Reflections Group
- Men's Group
- Women's Group
- Family Caregiver Support
- Low-Vision Support
- Grief and Loss Support

Almost Like Family

For those whose families live out of the area, are away on trips, or may not always be available, take comfort knowing that we provide 24-hour on-call support. This includes advocacy in emergency rooms and other stressful circumstances, as well as escorting and advocacy with other medical and routine appointments. *(Fee-based program)*

Counseling

We offer individual and family counseling and consultation. Our experienced counselors will work with you to fully understand your situation and provide the necessary guidance and support. *(Fee-based program)*



WELCOME HOME TO ERA LIVING

There is nothing more important than family. For founders and owners, Eli and Rebecca Almo, who were born and raised in Seattle, it's that family philosophy that fuels their commitment to residents and staff every day.

Since 1987, Era Living has been dedicated to fostering a healthy and engaging environment of whole body wellness, lifelong learning, warmth, and social fulfillment—providing exceptional healthcare services and enriching activities at its communities. It's this type of innovative and vibrant approach to senior living that makes Aljoya Mercer Island feel like home.

We invite you to schedule your personal visit today by calling (206) 230-0150, or learn more at eraliving.com.

Aljoya Mercer Island

2430 76th Ave SE

Mercer Island, WA 98040

(206) 230-0150

eraliving.com

Specific programs, services, and amenities are subject to change.



Premier Residential Retirement Since 1987



We are committed to providing equal housing opportunity for all persons, regardless of race, color, religion, sex, disability, familial status, or national origin.