



WEST HILLS

Senior Living



I say age is only a state of mind.



**WEST HILLS
VILLAGE**

Senior Residence





I cherish

You've always insisted on living a life that's vibrant and filled with memorable moments, never giving up on the things you love or have always dreamed of doing. Aging shouldn't change that perspective. That's why we embrace the dreams of residents and help them lead a purposeful life by providing a healthy aging lifestyle, hospitality services and amenities, intergenerational programming and personalized care services.

moments big and small.

West Hills Village Senior Residence offers senior living at its best with senior living, assisted care, memory care and respite care. We take pride in delivering Platinum Service®, our commitment to put residents and their families at the heart of everything we do. We invite you to experience the platinum lifestyle and see how rich life's moments can be in a place that truly celebrates every one.





I like *my independence,*

having my own place, my own things.

SENIOR LIVING Our spacious apartment homes at West Hills Village Senior Residence are thoughtfully designed and maintained, and just steps away from manicured landscapes, gracious common areas, and a host of life-enriching programs and amenities that let you live your days the way you want, doing the things that matter most to you.

APARTMENT FEATURES:

- A variety of floor plans
- Private bathrooms and walk-in showers
- Large kitchen with appliances including dishwasher
- Kitchen island in select apartments
- Large windows in all apartments
- Washer and dryer in select apartments
- Individually controlled heating and cooling





I prefer *to think of aging*

ASSISTED CARE Here at West Hills Village Senior Residence, we want you to live as independently as possible for as long as possible. When care and services are needed, we have a range of customized services and supportive care options to help you live comfortably. Among them are 24-hour on-site staffing, restaurant-style dining, an emergency call pendant, convenient transportation, weekly housekeeping and linen services

as getting better, not older.

RESPIRE CARE Whether you're planning a vacation, traveling or simply need a break, West Hills Village Senior Residence's respite care is the perfect solution for providing your loved one with the individualized care they need.

WEST HILLS SENIOR LIVING West Hills Village Senior Residence's neighboring community, West Hills Health & Rehabilitation, offers rehabilitation and long-term care. Together, these two communities make up the West Hills Senior Living campus.



I learn. We teach. I listen.



SOCIAL Social engagement is a key factor to longevity among senior living residents. West Hills Village Senior Residence offers a number of ways to connect and engage in social activities whether they are outings, entertainment or happy hour.



DINING Residents enjoy a restaurant-style dining experience that offers healthy and fresh choices. Each chef-inspired meal is thoughtfully plated. Residents have the option to choose from a menu with a variety of balanced food options including our Food for Life™ items that are lower in sodium, fat and calories.



FITNESS Opportunities to improve mobility, strength and overall wellness include FIT Functional Fitness®, designed to help improve residents' core strength, balance and cardiovascular health, as well as promote relaxation. The goal is to increase overall health and wellbeing, reduce potential for falls, and encourage residents to remain active.



SPIRITUAL Whatever form spirituality takes, Soaring® is our unique approach to spiritual care. This program supports our residents' spirits, helping them find peace, purpose, and meaning. The definition of spirituality can be expansive. We recognize the various ways individuals express faith and spirituality, and encourage residents to explore past and new experiences.

We share. I create. We encourage.



INTERGENERATIONAL Bringing together people of all ages is an important focus of West Hills Village Senior Residence. Children learn from the experiences and encouragement of seniors, while children's wonder and boundless enthusiasm help keep seniors young at heart.



SERVICE Valiant Veterans® is open to anyone who has served in the U.S. military, as well as their spouses, family members and friends, giving veterans a chance to talk with one another, and to be honored for their commitment to our country. Volunteer opportunities are also an important part of service and are available for individuals who want to donate their time and make a difference.



LEARNING Embrace new experiences and participate in educational opportunities, innovative programs, technology courses, creative arts and music projects, nature-based activities and much more! West Hills Village Senior Residence provides residents with a space for growth and makes it easy to stay involved.



ENVIRONMENT Indulge in endless opportunities to explore the diverse environment that West Hills Village Senior Residence offers. We want you to thrive and be happy, that's why our community was created in a scenic setting that promotes meaningful experiences and relationships for residents. Throughout the community residents enjoy a salon, fitness center, library and reading room, and arts and crafts room.



West Hills Village Senior Residence helps individuals like you make the most of every moment. Every detail was designed not just to bring joy, but to spark a whole new sense of purpose - reminding all of us that you, indeed, matter. We want to make your years here the most memorable and happiest of all. You need only step on the grounds to feel the difference. We invite you to come and see how rich life's moments can be.





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503.245.7621 | 5711 SW Multnomah Boulevard, Portland, OR 97219
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Senior Living

Apartment Style	Sq Ft	Monthly Basic Fee
Studio	354-457	\$3975-4875
One Bedroom	415-649	\$5065-5960
Two Bedroom	841-990	\$6955-7125

Senior Living Monthly Basic Fee includes:

- Three chef-inspired meals per day
- Weekly housekeeping, linen and towel services
- Life Enrichment programs
- All utilities, excluding telephone
- Basic cable TV
- Complimentary Wi-Fi in common areas
- Scheduled transportation
- 24-hour on-site staffing
- 24-hour emergency call system
- Emergency call pendant

Non-refundable Community Fee: \$1500

Second Person Fee: \$1000 per month

Additional services are available and can be purchased à la carte.

Prices effective 01/01/2023 (subject to change)



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Assisted Care

A Care Package is determined after an assessment by licensed nursing staff and charged at an additional monthly rate.

Level 1	\$1090	25 hours of assistance per month
Level 2	\$1585	40 hours of assistance per month
Level 3	\$2285	60 hours of assistance per month
Level 4	\$2980	80 hours of assistance per month
Level 5	\$3565	100 hours of assistance per month
Level 6	\$4070	120 hours of assistance per month

Personal assistance with activities of daily living may include a combination of the following:

- Medication administration
- Bathing
- Dressing
- Grooming
- Escorts
- Toileting assistance

Additional services are available and can be purchased à la carte.

Prices effective 01/01/2023 (subject to change)



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Respite Care

Whether you're planning a vacation, traveling or simply need a break, West Hills Village Senior Residence's respite care is the perfect solution for providing your loved one with the individualized care they need.

- Fully furnished apartment
- Housekeeping and laundry services
- Three chef-inspired meals per day
- 24-hour on-site staffing
- 24-hour emergency call system
- Emergency call pendant
- Basic cable TV
- Complimentary Wi-Fi in common areas
- Care services available including bathing, dressing, escorts and assistance with self-administered medication for an additional charge
- Respite care starting at \$225 per day

Additional services are available and can be purchased à la carte.

Prices effective 01/01/2023 (subject to change)



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À la Carte Services

Initial assessment by RN	No charge
Caregiver services	\$15/15 minutes
Licensed nurse	\$21/15 minutes
Med pass daily	\$250 one pass
Additional med pass	\$100/pass
Personal laundry (on-site)	\$25/one load per week
Dining tray services	\$5/tray
Pet fee (non-refundable)	\$500

Prices effective 01/01/2023 (subject to change)



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Services & Amenities

Home

- Your choice of private residence
- Individually controlled heating and cooling
- Three chef-inspired meals per day
- Life Enrichment programs
- Spiritual care programs
- Weekly housekeeping, linen and towel services
- Maintenance and grounds care
- All utilities, excluding telephone
- Basic cable TV
- Complimentary Wi-Fi in common areas
- 24-hour on-site staffing
- 24-hour emergency call system
- Emergency call pendant

Amenities

- Happy hour
- Danner Theater room
- Chapel
- Salon
- Fitness center
- Resident library
- Resident computer lounge
- Scheduled transportation
- Pet-friendly community
- Smoke-free campus
- Month to month rental, no buy-in fee
- Priority admission to West Hills Health & Rehabilitation (dependent on bed availability and admission criteria)



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Awards



Best of Senior Living

West Hills Village Senior Residence has received a 2021 Best of Senior Living award. The annual SeniorAdvisor.com Best of 2021 Awards, in partnership with A Place For Mom, recognize senior living and home care providers who receive consistently high ratings and positive reviews from residents, families, and visitors. This exclusive designation honors the top 2-3% of senior care providers across the United States and Canada. To qualify for a SeniorAdvisor.com Best of 2021 Award, communities must have maintained an average overall rating of 4.5 stars or above and have received six new reviews on SeniorAdvisor.com during the award period, which was November 17, 2019 to October 18, 2020.



Silver - Achievement in Quality

West Hills Village Senior Residence has been recognized as a 2017 recipient of the Silver - Achievement in Quality Award by the American Health Care Association and National Center for Assisted Living (AHCA/NCAL). The award is the second of three distinctions possible through the AHCA/NCAL National Quality Award Program, which honors long term and post-acute care providers that have demonstrated their commitment to improving the quality of care for seniors and persons with disabilities.



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Personal Cost Sheet

Prospective Resident _____

Monthly Basic Fee \$ _____

Apartment Type _____

Includes:

- Three chef-inspired meals per day
- Life Enrichment programs
- Weekly housekeeping, linen and towel services
- All utilities, excluding telephone
- Basic cable TV
- Scheduled transportation

Level of care estimate \$ _____

À la carte services \$ _____

Total Monthly Fee \$ _____

Non-refundable Community Fee (one-time) \$ _____



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